

# YCS/YSM INDIA

(YOUNG CATHOLIC STUDENTS / YOUNG STUDENTS MOVEMENT)



**BUILDING A NEW SOCIETY  
KINGDOM OF GOD**

**CHANGE SELF – CHANGE OTHERS**

- Registered Office -

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- Working Office -

YCS/YSM INDIA

Delhi Archdiocesan Youth Office

Yusuf Sadan, 1 Ashok Place, New Delhi 110001



### Explanation of Logo

**World Map:** The movement is spread all over the world. It is meant to transform the world. The students plant their feet deep into the ground. The letters YCS/YSM give the shape of the students, in their hands we see the burning lights, they see light in them and give the world that light through the rays.

The cross indicates the horizontal and vertical dimensions of the movement, relating with God and transforming the lives of people. It's a redeeming symbol. It can also be taken as the Christian origin of the movement and that Christ is for all. The Indian flag indicates that we work for National Integration. If we go deeper we can also see the meaning of Review of Life (Awareness-Reflection-Action) towards a just society. We can also see symbols of other faiths indicating that irrespective of Faith professed, all the students are the members of YCS/YSM.

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**ESTD**

**RECOGNISED**

**1929**

**(INTERNATIONAL)**

**1931**

**1966**

**(INDIA)**

**1969**



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**Published by :** YCS/YSM India  
**Registered Off :** National Office, Archdiocesan  
Pastoral Centre, 25, Rosary Church  
Road, Santhome, Chennai - 600004  
E-mail: [ycsysmindia@gmail.com](mailto:ycsysmindia@gmail.com)  
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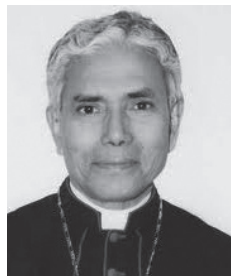
**Price : Rs. 30**  
**For copies kindly contact working office**

**For private circulation only**



# Message

## Chairman's Message



My dear Young Friends in the YCS/YSM,  
Greetings to each and every one of you!

Youth are the future of the society and of the Church, in particular. In India 55% of the population will be below 35 years of age by 2030. Our Country, thus, will be blessed with a great youth force compared with most other major Countries in the world. The economists view it as a great resource of the country. The Church too considers you, our youth as an agent of change in the world. Young India with young Church will be a strong boost for the economy as well as for witnessing to your faith so that your energies would be used productively towards 'Building of a New Society', - 'God's Kingdom'!

The efforts put in by YCS/YSM in India are tremendous sources of encouragement to the adolescents in faith formation and personality development. Right training at the right time will enable you to enhance your inner capacity to manage your lives in a healthier way.

YCS/YSM is at the threshold of a new beginning and the National Office is doing everything that will bring the young people into the fold of building a new society with new Vision and Mission, having clear Goals and policies which are contextualized and executed well.

In this regard the YCS/YSM manual to be printed and published will come in handy for all those who are a part of this movement. It should also help others to have a glance at it and by doing so the movement could grip them as well! It is not enough that our young people enter into the movement but the movement has to enter into them; and only then can you make a change in the society ....by changing yourself first.

I wish the very best to all of you and pray for God's blessings on each one of you as well as on all your dear and near ones.

Let's be the change we want to see around us!

***Archbishop Leo Cornelio***  
***Chairman – CBCI Youth Commission, Delhi***  
***20<sup>th</sup> May 2014***

# Message

## Director's Message



**C**hange self to change the world has been the objective with which the YCS/YSM has served the Indian student/teenage community for the past 48 years. Time to time resource materials have been provided to the members for the understanding of the movement, its methodology and spirituality. Several thousand students have benefitted from this movement and have become spiritual and social leaders in the society for the cause of building a just society.

The National Office which served from Chennai since its inception has been shifted to Delhi in 2013. In the National Council held at Bethel, Shillong in May 2013, a full pledged Constitution has been drafted, amended and passed. It gives in brief all the details of the movement and its working methodology.

Many have inspired me to do this job and I am fully satisfied with the resources given in this book. It will help all the members to assimilate the spirit of the movement and make its REVIEW OF LIFE which is the core of the movement our WAY OF LIFE. The student members have been the guiding force for this endeavour and I hope it will yield much fruit.

I thank Archbishop Leo Cornelio, Chairman of YCS/YSM, all the former Directors, Coordinators, Full timers, Animators, NTA/Exco members and Student members along with the present NTA/Exco and National Team for your support, guidance and accompaniment in making this movement a life giving instrument for all the budding young students, adolescents and teenagers.

I sincerely thank Fr. Chetan Machado for designing this book and Fr. Jossy D'Souza, Director of St. Joseph's Engineering College for sponsoring the printing of this book. May God bless you with abundant blessings and peace.

May this movement grow further and reach out to all students all over India to build a society where justice, peace, truth and love prevails.

***Fr. Charles Menezes***

***National Director***

***20.05.2014***

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## THE YCS/YSM PRAYER

Heavenly Father, in your entire wisdom and love, you created us and chose us to be the members of YCS/YSM. You have blessed us Indians with multiple languages, religions and cultures. Give us the wisdom to appreciate this diversity. Through the Review of life, YCS teaches us to avoid selfishness, discrimination, hate and urges us to live in a **“we spirit”** which builds cooperation, collaboration and solidarity. Grant us the strength to work for true justice and freedom and to be of service to others, thus building a “better society” where all people live with dignity befitting your children. Amen

## YCS/YSM CREED

All human beings have been created in the image and likeness of God, equal in dignity. When this dignity is trampled upon, it is an offence to the creator. All people are responsible in enhancing and protecting the dignity.

YCS/YSM as a movement of the students, by the students and for the students, is a space to exercise this mission. In this process, they are accompanied by chaplains and animators. YCS/YSM is an action oriented movement, liberative in nature and aims to remove structures and systems that do not respect human dignity. Motivated by our prophetic spirituality and with the Review of life (See, Judge and Act/ Awareness, Reflection and Action) as our way of life, students are transformed and empowered to go beyond self in solidarity with the struggles of the weak and marginalized. Through inter personal relationship with the whole of humanity and with the love at the heart of every action, the YCS/YSM enables human persons to become a family, a community after the heart of the creator whose compassion, care and justice are its pulse. An alternative community is within our reach when we put our faith in human goodness, which is inspired by God.

## PLEDGE AS A MEMBER OF YCS/YSM

I believe in a living and loving God who is present and active in every event of my life. I am created in the image and likeness of God so also every human person. I promise to respect all the members of the Movement and work for the equality in the Movement. I promise to respect my parents, elders and animators, ready to take their guidance and work with them.

I promise to accept the aims and objectives of my Movement and always strive to achieve those values of equality, love, justice and peace propagated by the movement. I accept the spirituality of the Movement, as one of God experience, restoration of human dignity, respect and dialogue with other religions and spirituality of action.

I accept the Review of life, Methodology of the Movement and try to practice it as a process of growth for me in finding my role in the society. I accept the idea of leadership through service and do my best in search and struggle to achieve our Goal “A Better Society”.

I promise to do my best to contribute my refection and service for the growth of the Movement which I accept, will shape my life and responsibility in the society.

I promise to accept the welfare of the Movement and my neighbor as the prime concern and do not indulge in partiality or anything that goes against the ideals of the Movement.

I promise to do everything possible to ensure National Integration, Harmonious living, Environmental protection and Dignity to every Human being.

I will not discriminate people, the spark of the divine, on the basis of caste, creed, language, religion and gender socio economic backgrounds. I will not give or take bribe or indulge in mal practices of any sort. I will be the voice of the voiceless.

I will join hands with people and Movements who promote Human Rights and Dignity, justice, peace and equality. I promise to be sincere, truthful, honest, open, frank, hardworking, committed and dedicated.

I take this pledge fully knowing my responsibility; asking strength from God and loving Father, and requesting the support and encouragement of my animators and companions. I offer this option and pledge in solidarity with all the members and animators in the Movement for the cause of “A better Society”.



## 5 RULES TO THE MEMBERS OF YCS/YSM

1. ***Pray daily for Peace*** – to be an agent of peace and reconciliation. A sincere prayer to cultivate inner attitude of forgiveness and reconciliation which desires for the welfare of all especially one who has damaged one's reputation, resulting in peace within oneself and promote peace in your neighbourhood and country and world.
2. ***Skip a meal once a week*** – to express solidarity with the hungry and contribute the savings to those in need. It helps you grow in sensitivity to the plight of millions who are deprived of the necessities of life. Skipping meal means sacrificing something very dear to you like ice-cream, snacks, saving pocket money etc, with which you help others which in turn helps you to enliven your spirit and attitude of helping.
3. ***Do a good deed a day*** – without a selfish motive, to develop concern for the nation. Nation building is a responsibility of everyone, not of ministers and social workers. Through this we help strangers on the streets and needy people.
4. ***Honour Parents, Teachers and Human beings*** – They are considered God visible in our midst. Respecting teachers and parents is common. But do we consider honouring the maid servant, the peon and all those who are in the lower strata of the society? Respect is a token of good gesture but honour comes from the heart as a result of genuine spirituality. Hence honour all especially the poor and weak.
5. ***Respect the Mother earth and save its resources*** – This expresses saving its resources like water, electricity, trees etc. Maintain cleanliness in your surroundings like railway tracks, public toilets, not throwing plastic items, etc. This makes you sensitive towards environment and as a part of self-discipline.

***“Whatever the mind of man can conceive and believe, it can achieve.”***

**–Napoleon Hill**

## WHAT IS YCS/YSM

**It is a student movement where students gather together in small groups of 8-10 to share their interests, problems, experiences, anxieties etc and find a solution of their own through the YCS methodology of See, Judge and Act, i.e. Awareness, Reflection, Action and Evaluation.**



- It is not a leadership training movement
- It is not a talent/skills finding movement
- It is not a movement of activities at all
- It is not taking up popular social work
- It is not a group of cleanliness and maintenance

Instead,

- It is a growth oriented movement
- It is a gathering of experiences of evaluation
- It is a life oriented movement
- It is purely cell based movement.

## HISTORY OF YCS MOVEMENT

YCS has its' roots in YCW which was founded by Cardinal Joseph Cardijn in 1920s in Belgium after the 1<sup>st</sup> world war. YCS is an offshoot of YCW movement dates back to 1929 in Belgium.

**Cardinal Joseph Cardijn** inspired this movement.



- Born in Belgium on 13 Nov.1882
- His father had a small coal merchant's business. As a small boy he was helping his father. His hobbies were talking to beggars, cobblers, sailors, bakers etc in the village square. He used to help them in their work. His mother used to give him money saying "Have money – you will meet beggars- give or spend. Choice is yours".
- He was Sensitive to every type of human suffering. But one group got his attention. They were factory workers. He heard their cry. He used to peep and see them working from his home. Workers were going with their children to work. He used to wonder where the little ones were going - places they do not belong to! So as young he had a deep concern for people, a great sense of justice - qualities which YCS greatly values.
- After his school studies his parents thought of taking him a job in the factory with the other working class boys. But he had other ideas- to become a priest. He joined the seminary. After some time his father died. Seeing his father who had worked hard all his life, he swore to become a priest of the working people. While on holidays from seminary, workers saw him as a little priest who joined with other forces that oppressed. This wounded him. But he vowed '**I will give my life to saving the working classes of the world**'.
- He was ordained Priest on 22 Sept. 1906. He went around finding solutions for the workers from the trade unions, scouting etc. But was not satisfied. In 1916 during the war, he worked actively in the underground. He was arrested for speaking against German armies. During this time in prison, he set plans and directions for YCW.
- **First YCW:** First he founded a group for young women needle workers and also a group for young working boys. He said "**we are**

**setting out to conquer the world**". In 1924 the young trade unionists became YCW with the founder Joseph Cardijn as National Chaplain.

- **First:** He wished to create the most powerful, strongest, most united organization in which workers feel the solidarity of their interests and the invincible power of their union.
- **Second:** To enable each worker to educate his own individuality, to uplift himself morally and intellectually so that he may feel the need of more wellbeing and more justice.
- **Approach:** Changing the whole environment that surrounded young workers. His saying *"You don't give tonic to the fish that is suffering from the effects of polluted water, you have got to change that water.....the environment"*
- In March 1925 Pope Pius XI received the founder in Rome and gave the Movement the sanction of the Church.
- On 12th Feb.1965 Pope Paul VI consecrated him as a bishop and made him Cardinal.
- Cardijn passed away on the night of the 24th July 1967 at the age of 85.
- *"We are still at the beginning, we are always at the beginning, we are just beginning"* was his famous saying.



*"Two roads diverged in a wood, and I took the one less traveled by, And that has made all the difference."*

—Robert Frost

## HISTORY OF THE MOVEMENT IN INDIA

Its roots were found in India in 1950. In 1961 our first contact with YCS was with the visit of an YCS leader from Germany and an extension worker from Sri Lanka. In 1960-1962 YCS units were formed in Chennai and Bangalore through the help of Miss Betty King, an YCW extension worker from Australia. Some student groups were attempting to build up their objectives and Sr. Jeanne Devos ICM, inspired the student groups of Madras and Bangalore to communicate with each other. Thus the first study session was held at Madras on 16 Jan 1966. In 1968 some guidelines for the movement were outlined by students in Madras and presented to CBCI. On 6th December 1969 YCS was officially recognized by the CBCI as national apostolic student movement (Catholic Action Movement) with the appointment of **Sr. Jeanne as the first National Chaplain**. In 1970 YSM was recognized for the students of other faiths. On 14th August 1970, YCS/YSM was affiliated to IYCS. With the formation of CBCI Youth Commission YCS/YSM was recognized officially by CBCI in September 1981 as National Catholic Organization engaged in service of Young and Humanity.



Sr. Jeanne Devos



Miss Betty King

**Present Scenario:** At present, the Movement has over 2 lakh student members and more than 3000 dedicated Animators, youth workers spread out in 12 regions. The Movement has formed active and dynamic church leaders, social workers and liberators who are involved in the process of socio-economic-political-spiritual welfare of the people all over the country.

**Asian Coordination:** It has a long history tracing back to 1940's with the first experiences in Sri Lanka, Malaysia, Vietnam, Singapore, Laos and Cambodia. In 1960's it extended to Thailand, Burma and India. In 1977 Asian team was formed and mandated by International team. Sr. Jeanne Devos became the first Asian Chaplain. Asian office was set up at Singapore. In 1981 it moved to Hong Kong and 1995 it moved to Manila.

**International coordination:** The Indian Movement was accepted as member movement of IYCS in the 1970 World Council.



## VISION, AIM, OBJECTIVES

**VISION:** To evolve a new society, where people live in harmony, where there is total freedom for the complete growth of the individual, where each and every person is respected in dignity hence valuing peace, love, truth, justice and equality.

**Aim :** “**Building a New Society**”- “**A just Society**” - God’s Kingdom.

**Objectives: Change self – Change others** - This means

- To enable the personal growth of students and young teenagers promoting and strengthening their faith and commitment to society.
- To enable the students to have better understanding of religion and a deep personal experience of God in their life.
- To start, organize, revitalize and strengthen the Movement at Regional, diocesan and unit levels.
- To help the students to realize and respond to the daily life situations according to the signs of the time.
- To create awareness and enable the young to participate in the life of the society as a liberating force.
- To orient the students towards building up a Basic Human Community at all levels.
- To train the young through self-discovery, personality development, interpersonal skills, analytical and critical thinking, counselling, formation, animation and group reflection.
- To foster a good and effective leadership committed to faith and social norms.
- To enable the students to take up their responsibilities by strengthening their values, attitudes and faith.
- To make greater efforts to organise the rural and unorganized students/young and conscientize them for their integral development.
- To bring unity, peace and harmony promoting ecumenism and inter-religious dialogue
- To foster Eco-spirituality and holistic health
- To collaborate with other similar and likeminded Movements and organizations.
- To work in fellowship and solidarity with young people all over the world and to serve the real and concrete needs of young students.

### Characteristics:

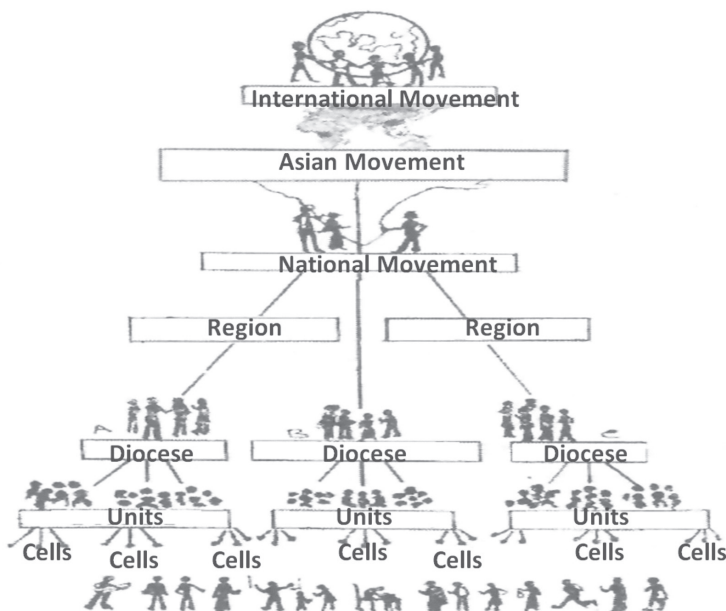
It is a movement of gathering and sharing of experiences of the members and evaluating the life situations to form an attitude towards value based pro life actions. Hence,

- **It is a Student movement** – by the students, of the students and for the students. It makes the students aware of their dynamic presence in the history, “the context” of students and respond to their particular needs
- **It is an awareness movement** – Students become aware of the society and the situation in and around your vicinity. They become aware about who they are, how they relate to others, what inspires and conditions them, how they need and can change to grow, their historical situation in which they live, the happenings around them, mentalities and values prevalent among them and forces that are at work in their society.
- **It is a religiously inspired movement** – Students need to believe in God and Values which enable them to work for the other, environment and nature. It helps them realize their spiritual heritage and inspires them to achieve the goals of the movement.
- **It is an action oriented movement** – Members are given life orientation and clear knowledge of the hardships of life by involving oneself in the social action. The result may not be effective but he attempt itself has a formative value as the members begin to transform their own mentalities and of others who join hands with them in the action process.
- **It is a cell based movement** – Members will make their cell a family of theirs to feel, to belong and to live for one another. It creates an atmosphere where they feel accepted and respected, helps them discover their talents and weaknesses, invites them to grow in responsibilities and take up leadership roles, helps them broaden their insights, gives an opportunity to form ones personality, discovers ones value system and orientation towards concern for others, breaks through the barriers of self centeredness and divisions and creates a strong belief in the group and its members through communication and willingness to listen to others.



## STRUCTURE OF THE MOVEMENT

- Cell** : Group of 8-12 having a Leader and Secretary for the Cell
- Unit** : Cells together form unit having President, Secretary, Treasurer, Reporter
- Diocese** : Units together form Diocesan team (DTA/DTS)
- Region** : Dioceses together form Regional team (RTA/RTS)
- Nation** : National team (NTA/Exco) - National Chaplain, Coordinator, President, secretary, treasurer – Office in Delhi, India  
Registered office in Chennai, India
- Asia** : Asian team – Office in Manila, Philippines
- International**: International team – Office in Paris, France



- **Student's Movement:** The YCS/YSM is a student Movement. Students at various levels (Cell, Unit, Diocese, Region, and Nation) undertake and hold responsibility in terms of leadership and decision making in consultation with their animators.

- **National Council (NC):** NC is highest legislative body, which consists of student leaders from all the dioceses. It meets once in three years to evaluate the Movement and to evolve a theme for the coming three years. So far we have had sixteen such councils.
- **National Excos:** The National Exco consists of two or more student leaders (boy and girl) from each region. They form a link between the National, regional and diocesan bodies and help in the execution of the National plans and programmes.
- **National Team of Animators (NTA):** The NTA consists of the Regional Chaplains, the National Coordinator and the National Chaplain. The NTA & EXCO meet once in six months to evaluate, to plan and to implement the programmes at the National level.
- **National Team (NT):** The NT comprises of National Convener, President, Secretary, Treasurer along with National Chaplain and Coordinator. These leaders are elected democratically, from the national body of Exco. This is the administrative body of the Movement.
- **Regions:** At present there are 14 regions in India. The Regional Team (RT) comprises of the Regional Chaplain, Coordinator, Convener, Secretary and Treasurer. There are the Regional Team of Animators (RTA) and Regional Team of Students (RTS)
- **Diocese:** In the Dioceses we have Diocesan Team of Animators (DTA) and Diocesan Team of Students (DTS) to discuss, to evaluate and to strengthen the Movement. Like NT and RT, here we have DT (Diocesan Team, DEXCO ) as the administrative body.
- **Unit/Cell:** The number of cells in a particular institution/parish forms a unit. A cell having 10 to 12 students meets regularly under the guidance of Animator.



*“The most difficult thing is the decision to act, the rest is merely tenacity.”*

**–Amelia Earhart**

## WHY YCS/YSM FOR THE TEENAGERS?

**Because....**

**This is the time of -**

- Desire for Isolation, thus lose interest in their playmates and quarrel with friends;
- Disinclination to work which is not laziness but direct outgrowth resulting in resentments;
- In coordination when the growth is rapid and skills not developed during childhood;
- Boredom with play, school work, social activities and with life in general and a “I don’t Care” attitude;
- Restlessness due to inconsistency in things they do;
- Social antagonism which results in jealous and critical at home and society;
- Resistance to authority especially with parents and teachers and misbehavior with them;
- Sex antagonism expressed and disparaging comments where girls are greater offenders;
- Heightened emotionality, moodiness, tendency to burst into tears at slight provocation which is greater in boys;
- Lack of self confidence resulting in rebellion during attaining puberty;
- Pre occupation with sex life results in self manipulation of body, pornography and opposite sex;
- Excessive modesty in clothes to present physical change and self conscious;
- Day dreaming as the suffering Hero resulting in to be misunderstood and mistreated by friends, teachers and parents;
- Social adjustments making adolescents form attitudes, interests and values of urban settings;
- The culture of distinguishing between vernacular speaking and English speaking teenagers in interests, attitudes and behaviour makes them conscious about their difference;





Thus this is the time of disintegration, seeking attention, recognition, identity, time of faith formation, decision making, attitude formation, time to question religion & social taboos, about freedom & sex, understand the childhood, elders, environment, reality and to get affirmed in the reality.

They need to be organized to face the pressures of peer groups, mass media and wrong attitudes of the society and make them understand the world of true relationships. They need to be animated properly. They need role models and examples to be imitated, identified and to belong to. They need to be integrated in society to build up their identity. It is the time of social exposure and enjoyment. It is the time of psycho-physical change taking place, hence needs to be guided properly. Hence, they need YCS/YSM as a guide for their life.



## CELL LIFE & METHODOLOGY

### **Cell meeting:** YCS/YSM

is a cell based movement.

Once a week groups of 8-12 students sit in cells for 45-60 minutes avoiding class room atmosphere to share their feelings on the given situation. Topics should be student related issues which happen frequently, that needs immediate attention and that leads to possible action plan.



### **How to conduct cell meeting:**

- Wish everyone and recognize their presence, Start with a group technique,
- Short prayer for peace
- Welcome, Minutes of the previous meeting,
- Agenda of the meeting announced
- Cell meeting as mentioned in the Review of life is (Incident - See, Judge, Act)
- Prepare for an action plan
- Agenda for the next meeting
- Short prayer and close the meeting with YCS/YSM anthem.

**Context:** Be conscious about the reality around you and choose an incident which is student related, occurring often and having effect



on the lives of students which needs immediate attention. After narration of the incident let the cell leader conduct the cell meeting using the questions given below as the YCS/YSM methodology.

## Review of Life: CASE STUDY

**Model Case Study:** Anita hails from a poor traditional family. Her parents have hardly stepped into school premises. They manage their life with daily wages working under a landlord. Anita has completed 8th std but now she does not want to go to school. Her parents want to send her for work. Her friends insist that she completes at least 10<sup>th</sup> std. What can be done?

### Awareness:

- What happened, where, when, why and how?
- Who are the people involved? What were the attitudes of the people involved in the incident?
- Have you experienced such incidents in your life? Do you see the same attitudes with the people? Who benefits from this situation and who loses?



### Reflection:

- What are the values you find in this incident and what values would have helped the incident for better?
- What does Jesus/God/Word of God (Bible/Gita/Koran) teaches us in such situations?
- If you were involved in this incident what is your decision for personal change?

### Action:

- What is your personal decision for self transformation? What change do I bring about in my attitude to build new society?
- How would I influence my cell members for a change in their attitudes?
- What will we do as a cell to bring about change in the society?

### Evaluation:

- What are the positive & negative results of our action?
- What have we learnt from this action? How have we changed our attitude?

- Have we succeeded in bringing about a change in us and society?  
(If yes – good, If no - Why? What change should we adapt?)

**Cell Life:** It is a setting where educational/religious proposals become personalized; it is a place for expression and responsibility; it is a place to prepare an action plan; it is a place of commitment and an opportunity for interpersonal communications.

### Types of Meetings:

**1. Review of life** – YCS/YSM is an action oriented movement. Members share their life and faith experiences, observations and discoveries and reflect upon them in the movement methodology.

**2. Planning sessions** - As an action oriented movement the activities are planned in a participatory manner.

**3. Leaders meeting**

– This leads them to hold meetings at different levels and areas and get trained in leadership. They share the topics and get down to action.

**4. Fellowship meetings –**

These meetings are important to know each other and acquaint with others to understand and build faith in others.



**5. Evaluation meetings** – This helps them to reflect their successes and failures and thus to grow and progress. After every meeting and action they are encouraged to evaluate the action especially their group life, relationships, activities etc., to set right their regularity and punctuality of meetings, following 5 path program, preparedness for any action, outcome of the action and dynamics of the participation, role of the animator and strengths and weaknesses of the group and its impact on others.

**Impact of the cell meeting: Besides achieving the objectives -**

- Parent – child relationship increases
- Student – animator relationship becomes stronger
- Student –student relationship becomes healthier
- Their belongingness to the society (Church, institution etc) becomes meaningful.
- Attitudinal change takes place
- Positive attitude increases
- They study better
- They face the reality better
- They find meaning in helping others
- Their decisions gets affirmed
- They take up leadership roles.

They are coming from different backgrounds and all cannot be weighed equally. They need to be recognized as they are and to be guided.





## CASES FOR CELL MEETING

1. Venky hails from a rich family. He has all the fortunes at home. Being the only child his parents allow him to anything. He is into bad company and has become a slave of all vices. He smokes, drinks, troubles others in his class and neighbourhood and sometime steals money and things from home to enjoy life. As a friend how will you help him come out of this problem?

2. Aman after 12<sup>th</sup> std exams went abroad to study further. He was influenced by the free culture and fashion of the west. On his return he would not respect the local cultural beliefs and started boasting about the freedom and cultural differences there. His people at home got confused at the change taken place in him. Western Media promotes fashion and freedom of thought and speech. These may give way to change of behavior and shallow living. Religious values are discarded and personal values are compromised. How do you respond to the person of Aman in the changes taken place in him?

3. Amona belongs to a traditional community. In her village different communities have their own traditional and religious dress. Some wear clothes and cover themselves fully. Some with the influence of western culture wear clothes necessary enough to cover themselves. She wants to look good with modern clothes. What do you suggest to Amona?

4. Avinash was a sociable and studious boy. He scored good marks in last year final exams and was good at relating to others. He had lot of friends in the school and vicinity. Recently he got access to face-book and internet at home. Now he does not mingle with others rather always found immersed in computer and social media websites. He has gone down in studies and interacting with his friends. The social media is filled with good and bad sites. You doubt he is caught up with it. As a responsible friend what is your action in getting him back to your friends circle?

5. Aruna is class X student and is back in the village during midterm holidays from city hostel. She has changed. Her clothes, style of talk and walk has changed a lot. People look at her with eyes wide open. They are in a cultural shock. She wants to try out the various cultural norms and beliefs. She knows that the religion and local culture controls the extreme methods of fashion. She also knows that the fashion and modernity has breezed into the ward robes of her village people.

It affects their studies and plays havoc in the lives of villagers. As a responsible student how do you help your friends to manage it well?

6. Jovi is well educated in the foreign country. Though well qualified he is not affected by the culture and religious freedom of the foreigners. He is back to the village after his studies and respects his teachers and elders as before. He has not forgotten his roots. He partakes in the cultural and religious activities of the village as before. How do you think it was possible for him to keep up the local beliefs and culture when all our friends fall prey to it? What would you do if you get an opportunity to study abroad?

## HOW TO START YCS/YSM CELLS

- **Brainstorming** – Suggestions in a non critical situation
- **Buzz Sessions** – Consultation and discussion before a general sharing
- **Group Dynamic “Games”** – Learning through doing
- **Provoked Incidents** – To observe group response in real life situation
- **Role Play** – To present problem realistically to initiate discussion
- **Miming** – To present a problem realistically with imagination and variety
- **Photo Language** – Helps express ones views and discover oneself in the photo
- **Film** – To present a problem, life situation for reflection and action
- **Songs, poems, quotations, Advertisements, etc.** – To inspire life situations
- **Symbols and objects** – To express ideas, feelings, relationships etc
- **Speeches** – To present ones ideas for elaborate discussion, reflection and action
- **Panel** – To let different opinions expressed for reflection
- **Debate** – To argue a point of view in concise and logical way.
- **Fishbowl** – To increase participation
- **Interviews** – To become conscious of opinions and enter into dialogue
- **Survey** – To find out the precise objective of the situation
- **Awareness walk** – To obtain first hand information and reflect upon it
- **Case Study** – To develop problem solving attitudes and skills
- **Stepping into another’s shoes** – To become aware of life and problems of others
- **Dreaming Dreams** – Formulate vision for the future to give purpose to present life.

## FUND RAISING FOR SERVICE OF THE POOR

Fund raising for the formation activities and to help the needy is an important part of any movement. When we make efforts to be self reliant through fund raising:

- It gives us a sense of belongingness and it makes us own the movement
- It gives us a sense of responsibility and it gives us great satisfaction
- It enhances self-esteem and dignity and it promotes us to be self reliant
- It gives us a chance to make sacrifices and we contribute towards nation building
- It gives us opportunity towards effective teamwork and it breeds family spirit
- It helps us plan our personal expenditure and it drives away our selfishness
- It helps us habit of saving and it helps us to be more accountable
- It helps us organize programs of our choices and it teaches us to come out of struggles and crisis
- It teaches us creativity in raising funds and it helps us to be mature in our thinking and dealings
- It inspires other people, organizations and movements and it helps us adapt simple living

### **How to make the movement Self reliant –**

- Through contribution of membership and secret collection during the cell meetings.
- Fund raising through various programs and getting sponsors for training programs
- Diocesan contribution to the Regional/ National movement
- Subscribe the Search and collect advertisements for the news letter
- Contribute your saving from skipping a meal and pocket money
- Bear one way T.A when you attend any program.

**Ask yourself** – Does your group need money, for what? Do the Diocesan, Regional and National structures need money, for what? Suppose people stop donations, what happens? Are you capable of thinking about finances and contribution? Can you speak to your parents, teachers and head of the institution to make this movement an integral part of the wholesome growth of individual personality? Can we be self reliant?

# SPIRITUALITY OF THE MOVEMENT

## Spirituality of Relationship:

God is actively present in every day event. His dynamic presence is actively creative. God and man are co-creators of a new world. Every human action becomes an invitation from God to create a new world. The spirituality of the movement is a call to Action. Action in YCS/YSM is not a mere activity or a technique of leadership, it is rather a conscious response to a living and loving God who challenges. It is a faith lived in practice. Spirituality is faith accompaniment.

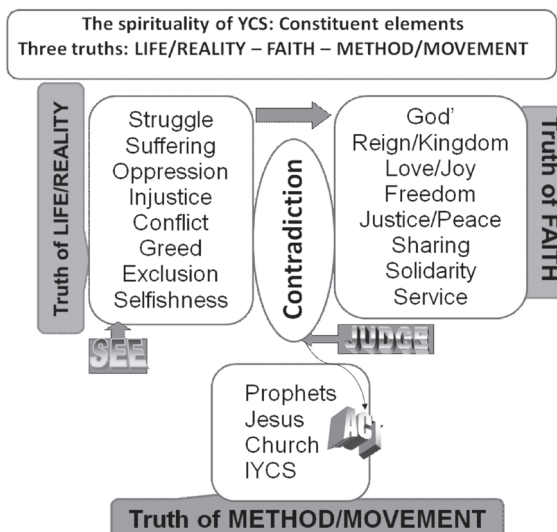
## Cardijn Spirituality: 3 Truths.

**1. Truth of Faith:** God created us in His image and likeness. We should experience love, justice and peace. They are kingdom values.

**2. Truth of Reality/Life:** But the truth/fact/situation in life/reality is different. We experience Hatred, injustice, suffering etc. Seeing the reality, we understand there is a big gap between the two different worlds - truth of faith and truth of reality. So, narrow down this gap. Still there is some hope.

(For YCS/YSM, the starting point is life experience. Life is a series of experiences. Help them to identify what is their life experience. How & where they meet God?)

**3. Truth of Method:** For this action, Jesus came and formed the movement. A group of people followed. YCS/YSM is part of this movement of Jesus. Truth of the Method is the truth of the movement (See-Judge-Act)



## ACTIVITIES OF YCS/YSM

- 1. Beginners Camp** – Where all the beginners come together for a day to get basic knowledge of YCS movement.
- 2. Commitment day** – One day programme for the beginners to learn about the movement and commit themselves with an oath to live by YCS/YSM vision, aim and methodology.
- 3. Office bearers election** – The unit, zone, Diocese, Regional members/representatives come together at different levels to elect their leaders who are led to training about their role in the movement.
- 4. Leadership Training** – All the office bearers come together for overnight programme to understand their role as cell leaders and unit office bearers to conduct cell meeting and activities of the movement.
- 5. Village Exposure Camp** – Members come together for a exposure in the remote village set up for 5 day programme, where they work for half day and learn about the need of hard work, the other half day is spent on various topics as input sessions, entertainment and talent exposure, prayer and leadership roles, they cook and do the basic household chores, visit the houses for reality check.
- 6. Street Play training Camp** – This is a 10 day training on Street play on various topics and then they exhibit the play in the public places like streets, market places and wherever people gather.
- 7. Talent Exposure Camp** – This is one day programme where students come from all the units together to exhibit their talents like; group singing, group dance, collage, essay, chart making, speech, clay model, skit, rangoli, etc and may be sports and games like volley ball, cricket, throw ball etc.
- 8. Yuvasangam** – This is a day's programme for all the members of the diocese to gather together to show their unity, evaluate the past year and to plan for the next year. DTS elections may be held on this day and a Rally may be organized as given below.
- 9. Rally** – Rally is taken out on the day of YCS Diocesan gathering on Social and Student related issues. A public meeting is held in a prominent place along with some prominent persons from politics or government office and a memorandum is presented to the government authorities on related issues. Eg: RTE, Children rights, Corruption, save earth programme etc.

**10. Solidarity day** – This is one day programme, celebrated on Jan 16th to participate in the social cause at the vicinity. This day YCS India was formally organized.

**11. Study Day** – Nov 13th. This day is spent to study about Cardinal Cardijn's life and philosophy.

**12. Exposure visit** – This is an important programme of the movement where students are led to various spots like slums, village houses, market places, dumping yards, juvenile homes, remand homes, awareness walk to parks, woods, forests, hiking etc to take a reality check and basing on the exposure cell meeting is conducted to take appropriate action.

**13. Meeting personalities** and taking interviews to learn about taking up leadership roles and journalism to write articles to news papers and The Search news letter.

**14. Training programmes** – RTI, RTE, Consumer forum, Writing and collage skills, Life skills, Human Rights and student Rights, Children Rights and child labour etc.

**15. Animators Training** – In the national level this is 7 day residential programme. Regional level 3 day programme, as well as in the Diocesan level 3 day programme. At the diocesan level Animators meet in the beginning of the year to plan for the present year's activities along with DTS and at the end of the year an evaluation to be conducted along with a day's outing.

**16. YCS/YSM bulletin** – Diocese and Region may publish a bulletin to disseminate the news and articles pertaining to student members quarterly or monthly. '*The Search*' is the national newsletter published bi-monthly.

**17. Spiritual programmes** – Half day recollection, pilgrimages, residential retreats, inters religious prayer services may be organized for the student members.

**18. Fund raising** – Membership fees, Donations, Raffles, Fancy fete, Door to door collection etc.





# ANIMATION

There is no School of formation for Animators or Chaplains:

Group dynamics is a very important aspect for an Animator to manage the group.



## **Who is an Animator?**

Animator is a friend/ guide who can accept the persons as they are and with whom students feel free to relate and with whom they can easily correspond.

Animation means ACCOMPANYING, i.e. to follow closely the progress of the individual and the group. It means walking with them – not in front or behind, befriending them and be a faithful friend.

One needs to be available and inspire and it is a full time job, demanding one available at the time of success and failure. Makes appropriate suggestions at the right time and gives some hints when required.

Provide motivation and becomes a role model who shows solidarity with them in a sense of never give up attitude.

Accompanies them in their growth process and becomes authentic in relationship with them.

One who is Spiritual and becomes a person of prayer and having faith in God and people and things.

Intrapersonal – knowing them and allowing oneself to be known.

**Qualities of an Animator:** Person of experience, commitment, growth oriented, visionary, learner, action oriented, person of deep faith in God and people, understanding, accepting, clarifying, listening.

## **Types of Animation:**

**1. Spiritual-** a deep spiritual experience, a way to holiness, faith in the word of God and prayer into the life context, commitment

**2. Growth-** knowledge of the situations, experienced, open and able to adjust with situations, friendly, committed to the cause – oppressed/ neglected

## Role of an Animator:

1. **Accompanying** – community, humanity, relationship with God
2. **Search-** confidence, consults, clarifies, changes and communicates
3. **Impartial** – need of clear vision without being partial to persons.

Models: Within (Emmaus) and Without (agony)

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## Sr. Jeanne Devos ICM: My Experiences with the students.

I saw hidden possibilities and creativity in young persons' like 16 year old Agnes going to Orissa to start new units of YCS/YSM. The depth of understanding the society, church, one-self, one's vocation surprised me. I discovered God active in the reality. God experience awaits me in my collaboration in daily response in faith and integrated spirituality. The commitment of young gives them an integral formation and deep joy. I saw the integrated spirituality where we meet God in reality and respond consciously in the mysticism which fascinates the young people who are ready to suffer with people and in God for liberation. In growing fundamentalism and communalism young enrich us in growth and truth. Committed young people/students are for me an inspiration and sign of God, yet not tired of the world. Team work with local, diocesan, national, international level as well as with animators and fellow members made me strong in faith. My consciousness about women being oppressed in church and society made me work for them and made women animators to contribute for their liberation. The experience of movement created in me certainty that any group can



grow in dignity, justice and empowerment. Hence, YCS is no longer something outside but integrated part of my life, faith experience.

## TIPS TO YOUTH WORKERS (ANIMATORS)

1. **BE THERE:** Your presence matters more than you may realize. Youngsters want to see you among them. Your presence can prevent many mistakes which are fruits of thoughtlessness rather than malice.
2. **TAKE THE INITIATIVE:** Wish them, talk to them, smile at them. Don't wait for them to wish you and talk to you.
3. **TALK OF THINGS THEY ARE INTERESTED IN:** Their interests come first not yours, even if these interests seem strange to you.
4. **BE FAMILIAR, NOT ALOOF:** Familiarity breeds confidence, and there is no Education without confidence.
5. **DON'T IMITATE YOUTH:** Don't try to act like them in language, dress or behavior.
6. **BE REASONABLE:** Give reasons for your requests and decisions. Your aim is to develop convictions, not blind obedience.
7. **CONSULT THE YOUNG:** Give a hearing to their requests and suggestions.
8. **CORRECT, BUT DON'T HUMILIATE:** Correct them gently, yet firmly, when they do wrong. But don't humiliate them in public.
9. **DON'T BE CRUEL:** Never make fun of someone's physical defects, of background, of lack of talents.
10. **DON'T BEAT:** Avoid physical punishments.
11. **BE HONEST:** Admit your mistakes and accept suggestions and criticisms. Youngsters will esteem you if you do so.
12. **CULTIVATE VARIETY:** Don't repeat the same way of doing things, whether it is in prayer services or meetings or talks.
13. **HELP THEM TO REFLECT:** Don't simply tell them what to do. Ask them to have their views and suggestions.
14. **PRAISE THEM:** When they do something well, however small the achievement may appear to you.
15. **BE IMPARTIAL:** No favorites and no gifts to special friends, no attention to one or the other or to a few.
16. **SEE THE ADULT IN THE CHILD:** See what this youngster can become, with your help. He/she may look raw, immature, and hard to be understood. But we need to ask ourselves; what can he/she become? What is he/she capable of?
17. **BE PREPARED:** On the problems and questions that concern most youngsters.
18. **ENCOURAGE AND DEMAND:** Encourage them in what they can do well, point out what they are good at and demand that they

give of their best. If you don't help them to excel, you are helping to destroy them.

**19. MAKE THEM RESPONSIBLE FOR THEIR FORMATION:**

As they grow up, more and more initiative and decisions should be left to them.

**20. GIVE THEM CHANCES TO SERVE:** Young people are energetic and generous. They need chances to help, to serve, to sacrifice themselves for a cause.

**All these tips can be summarized in one principle. The young need not only be loved, but they need to see that they are loved**

## QUALITIES OF AN ANIMATOR

1. **Visionary** Has high ideals and hopes for his people. Believes that they are attainable.
2. **Committed** Strong commitment to people's cause. Ready to face the demands. involvement. Has suffered injustice.
3. **Human** Acknowledges his limitations to himself and to others and struggles to live his ideals and values.
4. **Self- worth** Believes in himself and the people, that they are worthwhile and have something to offer.
5. **Analytical** Observant and takes notes of facts. Seeks to find deeper realities behind the subsidiary.
6. **Selfless** Able to rise above petty interest. In the group makes his own interest subsidiary.
7. **Co-operative** Lends a helping hand to people when they are in need. No unwanted services offered.
8. **Term worker** Approachable. Reassures people. People feel at home with him. Respectful.
9. **Strongly Integrated in Community** Skilled in relationships. Knows the people closely.
10. **Natural Leader** Good communicator. Gets people involved in what he is saying. Encourages them respond, even differ. Involves members in all activities at all levels. Maintains enthusiasm, appreciates their efforts. Spontaneous.

- |                                      |   |
|--------------------------------------|---|
| 11. <b>High Endurance</b>            | Not easily discouraged, does not compromise or give in easily. Keeps struggling.  |
| 12. <b>Self acknowledged deviant</b> | Questions structures and system, not satisfied with traditional answers. Searches for viable alternatives.  |
| 13. <b>Creative</b>                  | Resourceful and innovative does not let the discussion flag, Finds new ideas for entertainment.   |
| 14. <b>Non- dogmatic</b>             | Resourceful and suggestive, but does not impose his own ideas and beliefs. Does not argue all the time about what his point is. Listens to what others have to say. |



## FORMER DIRECTORS AND OFFICE BEARERS

### The National Chaplains (Animators):

1. Sr. Jeanne Devos	1969 – 1975
2. Fr. Johnny Monteiro	1975 – 1979
3. Fr. Irudayam	1980 – 1983
4. Fr. M.C. Micheal	1983 – 1989
5. Fr. Vincent Monteiro	1989 – 1995
6. Fr. Prakash Sagili	1995 – 2001
7. Fr. I. Peter	2001 – 2007
8. Fr. Vincent Arokiadas	2007 – 2010
9. Fr. Charles Menezes	2010 – 2016

### National Coordinators:

Mr. Vincent Rodrigues	1991 - 1993
Sr. Elsa PBVM	1993 - 1995
Sr. Selvi SSps	1995 – 1998
Sr. Jessie Mary SSps	1998 - 2001
Sr. Mary Margaret SSps	2001 - 2004
Sr. Jane	2004 - 2007
Sr. Margaret Mathai	2008 - 2009

### The National Convener / President:

1968 – 1969	Mary Anne D’Souza	1969 – 1972	Agnes/Joseph Swamy
1972 – 1974	Alvito Bareto	1974 – 1976	Alex Rodrigues
1976 – 1978	Jeanne D’Cunha/Karin D’Souza	1978 – 1979	George Joseph
1979 – 1980	Christy Micheal	1980 – 1983	Anand Kishore
1983 – 1986	Mary Margaret	1986 - 1989	Vincent Rodrigues
1989 – 1992	Jesim Pais	1992 – 1995	Julius Fernandes
1995 – 1998	Joshua Almeida	1998 – 2001	Rita D’Souza
2001 – 2004	Rochelle Cutinho	2004 – 2007	Winston D’Souza
2007 – 2010	Suzan Munurose Topno	2010 – 2013	Joyce John Dymphna
2013 – 2016	Jimmy P dang		

## IYCS ASIAN TEAM MEMBERS FROM INDIA.....

1974 – 1981	Sr. Jeanne Devos	Asian Chaplain	Chennai
1977 – 1982	Alvito Baretto	Asian Coordinator	Singapore
1977 – 1981	Fr. Johnny Monteiro	Part time Chaplain	Chennai
1981 – 1982	John Siddham	Asian Coordinator	Singapore
1982 – 1985	Alex Rodrigues	Asian Coordinator	Singapore
1985 – 1988	Samir Bhengra	Asian Coordinator	Hong Kong/Singapore
1988 – 1990	Fr. Joe Nalliath SDB	Asian Chaplain	Hong Kong
2000 – 2003	Manoj Mathew	Asian Coordinator	Manila
2003 – 2006	Fr. Vincent Monteiro	Part time Chaplain	Mangalore
2009 – 2010	Deepak Raj	Asian Coordinator	Manila
2009 – 2012	Fr. James Chako	Part time Chaplain	Manila

## IYCS INTERNATIONAL TEAM MEMBERS FROM INDIA....

1974 – 1978	Agnes Joseph	Int. Team Member	Paris
1985 – 1986	John Siddham	Secretary General	Paris
2003 – 2007	Manoj Mathew	Secretary General	Paris

## INTERNATIONAL YCS ASIA CONSULTATIVE BODY....

2000 – 2003	Fr. Prakash Sagili	Member	Chennai
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## INTERNATIONAL YCS ADVISORY BOARD....

2011 – 2014	Manoj Mathew	Member	New Delhi
2011 – 2014	Loucille Alcala Dhabi	Member	New Delhi



*“The best time to plant a tree was 20 years ago. The second best time is now.”*

**–Chinese Proverb**



## FORMATION SESSIONS & NATIONAL COUNCILS & THEMES

Study Sessions & National Councils	Date & Year	Place	Theme
1st Study Session	1966		Leisure activities
2nd Study Session	1967		Encounter with Christ
3rd Study Session	1968		Who am I?
4th Study Session	1969		At home in today's world.
5th Study Session & 1st National Council	28th Dec. 1969 – 1st Jan. 1970	Poona	Say it as it really is.
6th Study Session	1971		Towards a world without refugees
7th Study Session & 2nd National Council	7 – 13 <sup>th</sup> May 1972	Bangalore	The world around us: our concern.
8th Study Session & 3rd National Council	22 – 29th May 1975	Bangalore	My response to our people.
9th Study Session	1977		A new India: my responsibility.
10th Study Session & 4th National Council	27th Dec. 1977-2nd Jan. 1978	Nagpur	My school today and tomorrow.
11th Study Session	1979		Reaching out the deprived child.
12th Study Session & 5th National Council	17 – 27th May 1980	Poona	Education for our people.
13th Study Session	1981		Education for a fuller life
14th Study Session & 6th National Council	18 – 28th May 1983	Coonoor	Option for the poor (Part – I) in the school
15th Study Session	1984		Option for the poor (Part – II) in the society

16th Study Session & 7th National Council	18 – 28th May 1986	Ranchi	Students moved by faith towards option for the poor
17th Study Session & 8th National Council	14 – 24th May 1989	Kazipet	God experience. Mass Media and Education
18th Study Session & 9th National Council	15 – 25th May 1992	Mysore	Communal Harmony, Education of the heart and environment
19th Study Session & 10th National Council	18 – 28th May 1995	Madras	Learn to Live, Live to Grow, Grow to Change
20th Study Session & 11th National Council	14 – 24th May 1998	Calcutta	Enlightening the people for harmoni- ous living God's Challenge today.
21st Study Session & 12th National Council	14 – 24th May 2001	Sec-bad	Believe in Children's Dignity - Strengthen their Rights.
22nd Study Session & 13th National Council	9 – 19th May 2004	Goa	Children, Image of the Divine, Ensure fullness of Life
23rd Study Session & 14th National Council	11th – 18th May 2007	Kovalam, Chennai	Empowering relation- ships for sustainable justice and peace
24th Study Session & 15th National Council	14th – 20th May 2010	Mangalore	Responding to God's call to be simple, sincere and sensi- tive persons, let us envision and build a green and harmoni- ous world
25th Study Session & 16th National Council	17th-28th May 2013	Bethel, Shillong	Students' Education in Modern Era

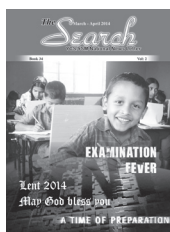
***“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”***  
**–Maya Angelou**

## NATIONAL OFFICE ACTIVITIES

- NTA/Exco meetings
- NTA/Exco Live in
- National Animators and Chaplains Training
- Inter-Regional Leadership and Animation programs
- National Students Leaders Training Program
- Workshops on National Theme & Thrusts
- Visitation to Regions and Dioceses
- YCS/YSM Alumni Retreat
- National Council
- National Convention

### Asian and International programs:

- South Asian Session (SAS)
  - Asian Session and Council (ASC)
  - Chaplains and Animators Formation Exchange (CAFÉ)
  - International Coordination (IC)
  - World Council (WC)
- **The Search:** *The search* is the bi-monthly news letter of YCS/YSM National movement. It has been published regularly since 1985. It helps to pen our feelings and experiences.



- YCS/YSM is a public charitable trust registered under the Government of Tamilnadu on 24th May 1997 named as Young Christian Students/ Young Students Movement, by the document no. 475/1997 under the Indian trust Acct 1882.
- IYCS is a nonprofit organization recognized by the United Nations and its bodies and agencies as an international nongovernmental organization. It has special consultative status with the United Nations Economic and Social Commissions (ECOSOC) and Operational Status with United Nations Educational Scientific and Cultural Organization (UNESCO).

## ROLE OF ....

**Parents:** Parents need to accompany the teenagers in all aspects at this age. Promoting them to join the movement and knowing how the movement works will enable the parents to understand the teenagers better. Taking part in some of the movement activities along with their teenagers will help them bridge the age gap and it will enhance their relationship amicably. Teenagers need to be treated with respect and in a friend like relationship and be a part in the time of crisis to overcome the feelings of guilt, loneliness and lowliness. Parents are the best animators.

**Principals:** Head of the institution have the duty to organize teenage students in this kind of movements to give them a glimpse of social reality. Teenagers look for opportunities to serve and YCS/YSM will be the best means. Principals can solve a lot of tensions of teenage students through these groups and allow them for the holistic growth along with academic studies. These activities are more effective in their life than only academics. All animators are not principals but all Principals need to be animators.

**Directors:** You are called by God and given responsibility by the authorities to organize this movement. There can be no lethargy on your part. You need to do justice to that position. Do your duty well so that you will save a number of teenage students from their problems and iniquities and bear fruit which is good and lasting.

**Volunteerism in YCS/YSM:** Student members can do volunteerism in your own way to serve the movement and society. You can do full time volunteerism for one or two years which will give you a life changing experience besides vast exposure to India and the world. It is not you enter into the movement but the movement enters into you which will continue to be with you till your last breath.



## QUIZ ON YCS/ YSM

1. What is the full form of YCS/YSM?  
*Young Catholic Students/Young Students Movement*
2. Who is the inspiration for YCS Movement?  
*Cardinal Joseph Leo Cardijn*
3. Where and when did Joseph Cardijn born?  
*13th November 1882, Belgium*
4. What is the name of the first movement started by Joseph Cardijn?  
*Young Christian Workers Movement (YCW).*
5. YCS movement founded in the year? *(1929)1931 (Official)*
6. Who influenced Cardijn to recognize the YCS movement?  
*Pope Pius XI*
7. When YCS movement was officially organized in India and by whom?  
*16th January 1966, Sr. Jeanne Devos ICM*
8. What is the name of Australia's full timer who was helpful in introducing YCS movement in India? *Ms Betty King*
9. In which year was YCS movement recognized by the Catholic Bishops Conference of India (CBCI)? *1969*
10. In which year did Indian YCS movement was affiliated to IYCS? *1970*
11. In which year YSM movement was approved by the Catholic Bishops Conference of India (CBCI)? *1970*
12. Who was the first National Coordinator of YCS/YSM India?  
*Sr. Jeanne Devos.*
13. What is the goal of YCS / YSM movement? *To build a new Society*
15. What is the objective of YCS/YSM?  
*Change Self – Change Others*
16. What is the Methodology of YCS / YSM movement?  
*Awareness, Reflection, Action (See; Judge; Act)*
18. Where is the Asian and International office of YCS movement located?  
*Manila, Philippines and Paris, France*
19. For what reason was the Young Students Movement (YSM) started in India? *For the benefit of students of other faiths*
20. Which committee granted recognition for the YCS / YSM in India?  
*CBCI (Catholic Bishops' Conference of India)*
21. Name the YCS/YSM National Newsletter? *"The Search".*
22. Which region has only one diocese out of 12 regions? *Goa*
23. What is the favorite quote of Cardinal Joseph Cardijn?  
*We are always at the beginning.*

**YCS/YSM INDIA  
CONSTITUTION OF THE  
INDIAN YOUNG CATHOLIC STUDENTS  
YOUNG STUDENTS MOVEMENT**



**YCS/YSM India**  
**CONSTITUTION OF THE**  
**INDIAN YOUNG CATHOLIC STUDENTS**  
**YOUNG STUDENTS MOVEMENT**

**Interpretations:** In these Rules and Regulations, unless anything in the subject or context is inconsistent there with:

**1. “Young”** means a person above the age of 13, in the case of Parish YCS (Young Catholic Students) movement 13 -18, and in the case of YCS/YSM (Young Catholic Students/ Young Students Movement) movement, a student attached to any of the educational institutions from VII standard till XII standard. The beneficiaries of YCS shall be primarily catholic and in YSM student of any class, caste, creed, religion, colour, region etc.

**2. “Catholic”** means a baptized person of the Catholic Church and also means “universal”, in the sense of “according to totality” or “in keeping with the whole” meaning “broad-based (minded)”, “all embracing” (Ref: CCC Nos 830-831)

**3. “Student”** means a person attached to any of the educational institution/Parish or its equivalent, unmarried person accepting to live the aim and objectives of the movement and willing to work with others with the same orientation.

**4. “Movement”** means a group of people, united around the figure of a great person (a founder or leader) and around the key ideas of the spirit and spirituality of that person. For YCS/YSM, that great person is Jesus Christ himself and his follower Cardinal Joseph Cardijn who inspired this movement.

*YCS/YSM shall adopt the characteristics of a Movement as outlined and made applicable to all Catholic Organizations in the Canon Law (Ref: Canons 298-329)*

**Article I - Name of the Movement and Location of the National Office**

**1.1:** The Young Catholic Students Movement is composed of Young Catholic Student groups and indicated by the abbreviation YCS, young students of any faiths and indicated by the abbreviation YSM, in the constitution and Internal Regulations it is referred to as ‘The Movement’.

**1.2:** The Name and the abbreviation YCS/YSM can be translated / adapted into local languages with the approval of the National Executive Committee (NTA/ Exco).

**1.3:** The National office may be located at any place in India decided by the National Executive Committee (NTA/ Exco) with the approval of CBCI and by a resolution of the Governing Body of YCS/YSM Trust. The present address is: YCS/YSM National office, Archdiocesan Pastoral Centre, 25 Rosary Church Road, Santhome, Chennai – 600 004.

**1.4:** YCS/YSM is a Public Charitable Trust registered under the Government of Tamilnadu on 24th day of April 1997 with the name, Young Christian Students/Young Students Movement, vide document no 475/1997 under the Indian Trust Act, 1882.

**1.5:** The YCS movement is recognized officially on 6th December, 1969 as a National Movement in India (with the appointment of Sr. Jeanne Devos ICM as the National Advisor) and YSM is recognized in 1970 for the students of other faiths.

**1.6:** The Movement is affiliated to International Young Catholic Students (IYCS) as a member movement on 14th August, 1970 (Collaborating movement in July, 1969). International YCS is a nonprofit organization recognized by the United Nations, and its bodies and agencies, as international nongovernmental organizations. It has a Special Consultative Status with the United Nations Economic and Social Commissions (ECOSOC) and Operational Status with United Nations Educational Scientific and Cultural Organization (UNESCO) – (Refer Article 1d of IYCS International Statutes)

**1.7:** YCS/YSM is recognized officially by CBCI in September, 1981 as National Catholic Organization engaged in the service of Young and Humanity.

## **Article 2 – Vision, Aim and Objectives**

**2.1:** The vision of the Movement is to enable the personal growth of Young Catholic Students in Catholic Faith and students of other faiths in their own faiths or their personal beliefs by taking up responsibilities in the Church, in the student world and in society towards building God's Kingdom, a New Society, i.e. a community of Justice, equality, freedom and love, with the specific methodology of 'Review of life'.

**2.2:** The Aim (motto) of the movement is **“Building a New Society” i.e. “God's Kingdom”**

**2.3:** The main objective of the movement is **“Change Self – Change Others”**, understood as change of attitudes towards transformation of self and transformation of the society. It means-

**2.3.1:** To develop one's personality through Review of Life in the methodology understood as See (Awareness), Judge (Reflection), Act (Action) and Evaluate.

**2.3.2:** To give a platform for a meaningful expression of one's religious faith and faith formation through the study of one's religious scriptures and deeds of charity.

**2.3.3:** To train them in creative leadership by creating space to realize their inner potentialities and respond to the situations and the people they live with by strengthening their values and attitudes.

**2.3.4:** To discipline their life and encourage them to pursue higher/ further studies and social activities

**2.3.5:** To broaden the horizons of their consciousness towards religious harmony and communal amity

**2.3.6:** To train them in social reality, and thus participate in justice and peace activities in the society and respond through conscious action as an expression of faith.

**2.3.7:** To train them to work in collaboration with likeminded movements.

**2.3.8:** To train them in the activities of national integration, protection of environment, movements of global and national concern and work for one's integral formation and serve the real concrete needs of young students.

**2.3.9:** To build a society where humanity, equality, justice and peace prevails.

**2.3.10:** and to realize the objectives given in the YCS/YSM Public Charitable Trust.

### **Article 3 – Admission – Memberships**

**3.1:** As a Student Movement it exists at the level of Secondary/ Higher secondary schools, Junior colleges, Colleges, Educational institutions/ Parishes or their equivalent.

**3.2:** The membership of YCS/YSM is open to any Student attached to a Parish (YCS) and educational institution or its equivalent (YSM) of the age of 13 and above who accepts to live the aim and objectives of the Movement and is willing to work with others with the same orientation and may be approved to join the Movement.

**3.3:** The age group of YCS members in the Parishes will be from the beginning of the 13th year till 18 years, January 1 as the D date. One who completes 18 on that date may leave the movement or continue till the end of that 'academic' year and for YSM members it is from the beginning of 13th year till they complete XII standard. Those who are elected for NEXCO (National Executive Committee) will continue their tenure of three years till the end of next National Council.

**3.4:** College unit students (unmarried) will continue to be the members of the movement till the completion of their studies as long they are attached to a particular educational institution or its equivalent.

**3.4.1:** In the Diocese and Region, Higher Secondary School YSM units, Parish YCS units and College/ City cells shall have separate DEXCO (Diocesan Executive Committee) and REXCO (Regional Executive Committee) according to the rules given below.

**3.4.1a:** College students as Ex YCS/YSM members may also set up a City Cell recognized and guided by the DYD and help the younger members of the movement achieve the aim and objectives of the movement by their service of volunteerism while living the spirit of the movement.

**3.4.1b:** They shall be recognized as former members of YCS/YSM and they shall hold meetings once a month and organize their own programs in the spirit and methodology of YCS/YSM.

**3.4.2:** Each member will pay the prescribed membership fee to their unit and additional Rs 2 each to the diocese, region and national movement (Rs 6) which should be collected at the unit level and sent to the Diocesan Director and the Diocesan Director to Regional office and National Office directly to which an official receipt shall be issued as acceptance of their membership or as decided by the NEXCO time to time.

**3.4.3:** The Unit, Diocese, Region and National movement will recognize one as the member of the movement only when one pays the membership fees annually to the unit, diocese, region and national movement which has to be remitted within a month of starting of the academic year. i.e. by the end of July/ Feb

### **3.5: Cessation of Membership:**

**3.5.1:** The membership shall cease upon leaving the educational institution for any reason.

**3.5.2:** If someone who is a student and marries being a student will cease to be the member of the movement.

**3.5.3:** No member shall be expelled without any reason and opportunity of being heard and counseled for proper reformation and until the expulsion is ratified by the respective unit. (Authority - Appendix)

**3.5.4:** A person who has publicly rejected catholic faith shall not be allowed to continue in YCS, yet that student can be a member of YSM as it accepts students of other s or even those who do not profess to any faith, provided the person is a student still attached to an educational

institution and accepts to live the aim and objectives of the movement according to the prescribed age group. (Authority - Appendix)

**3.5.5:** A member who has committed a cognizable offence against the law of the land and worked against the aim and objectives of the movement and human values may be expelled from the movement by the local unit, having heard his/her point of view and having given due reason with understanding for one's expulsion.

**3.6: Rights and Privileges of membership:**

**3.6.1:** Each member of YCS/YSM unit de facto, shall be a member of YCS/YSM, India

**3.6.2:** The members shall be entitled to participate in all the programs organized by YCS/YSM at the unit, diocese and regional levels.

**3.6.3:** The catholic members shall be given priority while selection to participate in the national, Asian and International level programs because of its catholic origin and nature.

**3.6.4:** For any election/selection/nomination for National, Asian and International office and programs, only the official catholic members shall be given priority.

**Article 4 - Structure and Office bearers**

**4.1: Cell:** The cell forms the base of the Movement containing 8-12 members having a leader and a secretary

**4.2: Unit:** Cells together in a school (Education Institutions)/ parish form a Unit having a President, Secretary, Treasurer and Reporter (Spokes person) along with appointed Animator by the Local Director (Head of the Institution/ Parish Priest/DYD).

**4.3: DTS: Diocesan Team of Students**

**4.3.1:** Units in the diocese form Diocesan Movement which shall elect DEXCO having a President, Vice presidents (boy & girl), Secretary, Joint Secretary, Treasurer, Reporter (Spokes person), Editor (Bulletin), Liturgical Secretary and the Diocesan Representative(s) for the Region along with Diocesan Director and Coordinator. The term of office for DEXCO will be for one year.

**4.3.2:** The Diocesan President and the Diocesan Representative(s) shall represent the diocese for the region as RTS. Gender balance shall be maintained. The term of office for the Diocesan Representatives for the region is two years.

**4.3.3a:** If there are a large number of YCS and YSM units (more than 50 each) in the Diocese, separate DEXCO shall be elected for YCS and YSM for better participation and they shall work under the DYD.

**4.3.3b:** In such cases, both the DEXCO Presidents, along with the Diocesan Representatives(s) shall be a part of RTS.

**4.3.3c:** In such cases some of the diocesan activities like Convention and Annual meet may be combined giving both equal opportunities and responsibilities

**4.3.4:** All the elected DEXCO members shall be members of the local unit.

#### **4.4: DTA – Diocesan Team of Animators**

**4.4.1:** All the diocesan animators form DTA having 2 elected members (male & female) to assist the DEXCO along with Diocesan Director and Coordinator in the diocesan activities.

**4.4.2:** The Diocese which has less than 50 units shall elect 2 animators and for every 50 additional units an additional representative shall be elected as DTA member.

**4.4.3:** Their term of office shall be in correspondence with DEXCO

**4.4.4:** DTA/DTS shall be under the patronage of Diocesan Bishop

#### **4.5: RTS: Regional Team of Students:**

**4.5.1:** The Diocesan President and the diocesan representative(s)-(both of YCS and YSM, if any) from all the Dioceses, along with Diocesan Directors and Diocesan Coordinators (if any) shall form the RTS.

**4.5.2:** The Diocese which has less than 50 units shall elect one representative (boy/girl) and for every 50 additional units one more representative shall be elected as RTS member along with the Diocesan President. Gender balance shall be maintained.

**4.5.3:** The diocesan representatives (RTS) for the region shall be presented at the regional council by the respective dioceses and approved by the Regional Council and their term of office is two years (i.e. from Council to Council). If not presented during the council, their names shall be sent to the Regional Director within two months of the Council.

**4.5.4:** RTS shall elect the Regional Team - REXCO having a President, Vice presidents (boy & girl), Secretary, Joint Secretary, Treasurer, Reporter (Spokes person), Editor (Bulletin), Liturgical secretary and two National Representatives (NEXCO - boy & girl) for less/equal to five dioceses and for an additional five dioceses where YCS/YSM exists, an additional NEXCO.

**4.5.5:** While electing REXCO, proportionate representation and gender balance shall be maintained between YCS and YSM members.

**4.5.6:** The NEXCO members shall be only Catholics

**4.5.7:** The NEXCO members are Ex officio members of the REXCO



and local DEXCO. Their term of office is three years.

**4.5.7:** All the elected REXCO and NEXCO members shall be members of their local units.

#### **4.6: RTA: Regional Team of Animators**

**4.6.1:** The Diocese which has less than 50 units shall elect 2 animators as members of RTA and for every 50 additional units an additional representative shall be elected RTA member

**4.6.2:.** All the elected regional animators form RTA.

**4.6.3:** They shall elect 2 members (male & female) to assist the REXCO along with Regional Director and Coordinator for the regional activities.

**4.6.4:** Their term of office is in correspondence with REXCO

**4.6.5:** RTA/RTS shall be under the patronage of Bishop-in-Charge of Regional Office for Youth elected by Regional Bishops' Council.

#### **4.7: National Exco (NEXCO)**

**4.7.1:** National Exco shall consist of two or more elected/ selected Student Representatives of every region together with Regional Directors, National Chaplain and the National Coordinator.

**4.7.2:** The two or more regional representatives from every region shall be presented by the regions during the National Council as NEXCO and shall be elected or approved by 2/3rd majority of those Regions present and voting at the National Council and their term of office is three years (i.e. from Council to Council). If not presented during the council, their names shall be sent to the National Chaplain within two months of the Council.

#### **4.7.3: Eligibility for NEXCO**

a) They shall have been members of the Movement at least for 2 academic years at the High School/ Junior College/Parish or its equivalent.

b) When presented, they shall not be beyond Junior college or higher secondary school (+2) level or its equivalent or above 18 years of age.

c) They shall still be involved in the Movement at the time of presentation and should be a member of any cell/unit.

#### **4.7.4: National Team:**

**4.7.4a:** The National Exco elects the National Team comprising of National Convener (President), Secretary and Treasurer during the council itself, if not within a period of four months after the council taking into consideration such factors as geography, region, language

and personal experience in the Movement. As far as possible they shall be Student volunteers.

**4.7.4b:** The election process shall be done through secret ballot. All the ExcOs are eligible to be elected to any post of NT. They shall continue to be in the movement till their tenure of 3 years i.e. till the end of next national council.

**4.7.4c:** Other ExCo members may take up responsibilities such as Editor of national news magazine, “The Search” and liturgy to help the national team for better participation. All the NEXCO members and office bearers shall be catholic.

**4.7.5:** National Chaplain and National Coordinator are the integral part of the National Team.

#### **4.8: NTA: National Team of Animators**

**4.8.1:** The Regional Youth Directors/ RC (Regional Coordinator), the Zonal Animators of the independent Zones along with the National Coordinator and the National Chaplain form NTA. They shall be animated by National Chaplain and National Coordinator.

**4.8.2:** They shall elect two members to assist the National Team in the national activities.

**4.8.3:** NTA/EXCO shall be under the patronage of Bishop-in-Charge of CBCI Office for Youth elected by CBCI.

#### **4.9: National Team of Full timers:**

**4.9.1:** National Chaplain after due consultation with the Bishop-in-Charge and NTA/EXCO may appoint more full timers for the expansion and growth of the movement.

**4.9.2:** They shall assist the NTA/Exco and National Team guided by the National Chaplain and shall have similar functions of NTA/Exco (Ref 6.1.2)

**4.9.3:** If required, each Region may also appoint Regional Team of full timers and guide them in their task.

**4.9.4:** If required, each Diocese may also appoint Diocesan Team of full timers and guide them in their task.

### **Article 5 – Councils**

#### **5.1: National Council:**

**5.1.1:** The National Council, which is the supreme body of the Movement, is composed of representatives from all regions. This Council meets every three years unless the rule regarding the regularity the National Exco modifies in consultation with the NTA and the Regional Executive Committees (Regional ExcOs)

**5.1.2:** The National Council of YCS/YSM shall comprise of National Exco members, all the selected Regional Student Representatives (RSRs – including Regional Presidents), Regional Youth Directors (RYDs)/ Regional Lady Coordinators, National Chaplain, National Coordinator and Bishop-in-Charge of CBCI Office for Youth. (Ref Appendix VII)

**5.1.3:** National Council delegates shall be elected or selected by the respective REXCO.

**5.1.4: The functions of the National Council defined are:**

**a)** To evaluate the implementation of the plan of action of the previous council

**b)** To take decisions on the basic policies and orientation of the Movement.

**c)** To draw up and approve the budget of the National YCS/YSM

**d)** To elect / approve new members for the National Executive Committee

**e)** To draw up the plan of action on the selected theme to be realized during the three years term.

**5.1.5:** All participants during the Council deliberations have the right to express their views.

**5.1.6:** Each region present at the Council has the right to cast one vote.

**5.1.7:** The National Exco in consultation with the National Chaplain has the right to cast one vote.

**5.1.8:** The National Chaplain has the right to cast one vote.

**5.1.9:** Matters which have to be decided by the National Council may be provisionally decided by the NTA/EXCO and sent to the region for written approval. This approval is subject to ratification at the ensuing National Council.

**5.1.10:** If within ten weeks of sending the document no reply is received from the defaulting region, it is deemed to be approved.

**5.1.11:** Amendments to the Constitution, Internal Regulations as well as the Orientation of the YCS/YSM cannot follow this procedure and have to be approved in the National Council with a 2/3rd majority of those Regions present and voting at the Council.

**a)** The National Convener (President) is the Chairperson of the National Council and two persons from among the council members shall be elected to the presidium to help the National Convener during the proceedings of the National Council. (Ref 6.1.1c)

### **5.1.12: Quorum of National Council**

**5.1.12a:** For a session to be valid there must be 51% of regional member movements present with the right to vote.

**5.1.12b:** If the required quorum is not reached, an extraordinary National Council shall be convened with the regional members present, who will require all decisions taken to be ratified by a simple majority of member movements through postal vote; a non response shall be interpreted as approval.

**5.1.12c:** Above rules apply to Regional and Diocesan Council as well with due interpretations.

### **5.2: Regional Council:**

**5.2.1:** Regional Council consists of selected delegates (02 for less than 50 units and 01 for every 50 additional units) from Dioceses and diocesan representatives (RTS) along with Diocesan Directors, Regional Director and Regional Coordinator (if any)

**5.2.2:** The expansion of the Movement in any Region, its organization and functioning is the responsibility of the Regional and National ExcOs. The spirit is that the whole Movement is responsible for all regions.

**5.2.3:** Regional Council meets once in two years (prior to the National Council) to evaluate the implementation of the plan of action of the previous council, to propose amendments on basic policies, extension and orientation of the movement, to approve new members for NEXCO, to draw up budget of the regional movement and to draw up plan of action based on the national theme to be realized during the two year term.

**5.2.4:** The National Team shall be invited to participate in the Regional Council.

**5.2.5:** In areas where a Regional Exco does not exist, the National Exco is directly responsible for the extension work which should be done in consultation with the Diocesan and Regional Animators.

### **5.3: Diocesan Council:**

**5.3.1:** Diocesan Council consists of four office bearers of every local unit along with Local Directors and Animators

**5.3.2:** Diocesan Council meets at the beginning of the academic year to evaluate the implementation of the plan of action of the previous year, to propose amendments on the basic policies, plan out for extension and orientation of the movement, to elect the DEXCO and to draw a plan of action for the current year based on the National, Regional and Diocesan themes and to draw up budget of the Diocesan movement.

## **Article 6: DUTIES AND FUNCTIONS**

### **6.1.1: Role of the National Exco (NEXCO):**

- a)** NEXCO is responsible to the National Council for the implementation of the aim of the Movement and the decisions of the National Council.
- b)** The National Exco decides the time and place of the meetings and proposes the agenda.
- c)** The National Convener (President) is the Chairperson of the National Council and two persons from among the council members shall be elected to the presidium to help the National Convener during the proceedings of the National Council.
- d)** Each region sends to the National Council as many student and animator representatives as decided by the National Exco. They shall give due representation to newly formed regions and those in the process of formation.
- e)** The National Exco may invite observers.
- f)** During the period between two councils NEXCO shall have the power to co-opt National Student Full-Timers into the Exco.
- g)** National Full-Timers are proposed by the Regional or National Team and accepted by the National Exco.
- h)** The maintenance and up-keep of National Full-Timers and those working at the National level shall be the responsibility of the NT.
- i)** Between two National Councils, according to the needs or the work at National level, new members to the National Exco may be co-opted in consultation with the Regional ExcOs. (Not exceeding 7)
- j)** The National Exco in consultation with the NTA will propose to the Catholic Bishops Conference of India (CBCI), a list of names showing their order of preference, for the appointment of the National Chaplain.

### **6.1.2: National Exco has the following Functions:** They shall

- a)** Work towards a common vision in the Movement.
- b)** Animate the life of the Movement in its different aspects of awareness, reflection and action in keeping with the orientation, theme and policies decided by the Council.
- c)** Integrate the Regional experiences in the context of the National and International experiences of the Movement.
- d)** Help the National Team and the National Full-Timers in the fulfillment of their tasks as defined by the National Council.
- e)** Collaborate with Youth and adult Organizations having a similar orientation.

- f) Present to CBCI when the need arises, a list of names expressing their preference of persons as National Chaplain.
- g) Invite competent people to help in its reflections, activities and planning.
- h) Meet at least twice a year to review and plan the progress of the movement.
- i) Select representatives to be the candidates for Asian and International Team Office and delegates for international meetings, in consultation with the Regional ExcOs.

#### **6.2.1: The Role of National Team (NT):**

- a) The National Team (NT) shall consist of the Convener (President), Secretary, Treasurer, the National Coordinator and the National Chaplain.
- b) They function as a team and act in joint-responsibility and meet as often as the need arises.
- c) The National Team shall hold office till the end of the next Council.
- d) Any member resigning from the N.T shall be replaced by a member elected by the National Exco from among them.
- e) The National team shall function not only as a representative body but also as the Executive and Administrative body having power to plan and execute activities for the extension and development of the Movement in all parts of India, in accordance with the fundamentals of this constitution.
- f) The National Convener, Secretary and the Treasurer shall remain in the same post till their tenure of three years
- g) The Ex-national Convener remains an advisory member of the NT till the next National Council.
- h) One region shall hold only one post in NT.

#### **6.2.2: The National Team has the following functions:** They shall

- a) Work for the growth of the Movement, taking all possible initiatives in line with the Constitution and decisions of the National Council.
- b) Take decisions in cases of emergency.
- c) Administer the finances of the programmes conducted during their tenure and of the National Office.
- d) Draw up and present a report of its work every year and a consolidated report at the National Council.
- e) Interpret and implement the constitution of National YCS/YSM

#### **6.2.3:** For the continuity of the spirit of the Movement, members of



the out-going NT could be invited to help the National Exco and the NT in their reflections.

#### **6.2.4: Extension and Organization**

**6.2.4a:** The National Team in consultation with the National Exco and NTA is entitled to set up subcentres and offices whenever and wherever necessary, to extend, co-ordinate and facilitate the work of the Movement.

**6.2.4b:** The NTA shall be responsible for the finances of the sub-centres and offices except in those matters which fall under the purview of the National Team as envisaged by the National Council.

#### **6.3: The Role of National Chaplain:**

**6.3.1:** The National Chaplain works together with the NTA and EXCO.

**6.3.2: The National Chaplain's functions:** He shall

- a) Animate the National Exco and NT. His special attention should go to the formation of leaders in the NT and National Exco.
- b) Act in joint-responsibility with the NT in all matters concerning the Movement and its representation.
- c) Call-up and co-ordinate the meeting of the National Team of Animators whenever necessary.
- d) Reflect and evaluate with Regional Animators (RYDs) and whenever possible with Local Animators.
- e) Be accountable to the NTA and NT so far as finances of the Movement are concerned.
- f) Take decisions during inevitable situations in view of policies and plan of action of the movement and shall inform the NTA and NT at the earliest to get their ratification.

**6.3.3:** The National Chaplain appointed by CBCI shall hold office for a period of 3 years. He can be reappointed by CBCI for one more term.

#### **6.4: The Role of National Coordinator:**

- a) The National Coordinator shall be appointed initially for a period of one year. Depending on the availability of the person the term could be renewed by the CBCI Bishop-in-charge of Office for Youth.
- b) The National Coordinator is a part of the National Exco, National Team and the National Team of Animators.
- c) The National Coordinator shall assist the National Chaplain in all his responsibilities.

**6.5: The National Convener (President):** The Convener's duties are the follows: He/ She shall

- a) Be responsible for the functioning of the National Movement and the National Office together with the NT.
- b) Assume responsibility with the NT for the representation of YCS/YSM as regards to civil and other authorities.
- c) Be the Chair Person of the National Council along with the Presidium
- d) Convene meetings of the National Exco and NT in consultation with the National Chaplain.
- e) Have the right to send his/her representative to attend NTA meeting.

**6.6: The National Secretary:** He/ She shall be responsible for all records, communication, documentation and the report of the Movement. (i.e NTA/Exco attendance register, Reports and Correspondence)

**6.7: The National Treasurer:**

- a) He/ She shall be in charge of the a/c of the various programs of the Movement.
- b) He/ She shall present the budget and the statement of accounts to the NTA/Exco and at the National Council annually.

**6.8: National Full-timers:**

ional Full-Timers shall work for the growth of the Movement taking all possible initiatives in line with the constitution and decisions made at the National Council.

**6.9: The National Team of Animators:**

- a) Shall help to raise finances/ funds and administer the same for expenses of the Movement.
- b) Shall work in close collaboration with the National Exco and help in its reflection.
- c) Shall be a liaison between the Movement and Hierarchy.

**6.10: Regional Youth Director (YCS/YSM, ICYM):**

**6.10.1a:** RYD is responsible for the growth and sustenance of the movement in the Region.

**6.10.1b:** Some Regions may have separate Regional Youth Director for YCS/YSM and that RYD-YCS/ YSM shall be solely responsible for the growth and sustenance of the movement.

**6.10.1c:** The RYD of YCS/YSM and the RYD of ICYM shall work together in the Regional Office for Youth under the Regional Office for Youth Bishop-in-Charge.

**6.10.2:** RYD shall organize the Regional Council once in two years (prior to National Council) and enable the election of the REXCO

**6.10.3:** RYD shall guide the REXCO to discharge their duties fruitfully in the manner which helps for the growth of the movement and to reach out to all the members of student community in the region by organizing them in the educational institutions and Parishes.

**6.10.4:** If the region has a large number of separate YCS and YSM units (more than 50 units each) the office bearers (REXCO – YCS & YSM) may be elected separately to provide more participation and leadership while some of the activities may be organized jointly.

**6.10.5:** RYD shall organize the Regional Animators' training as and when required; at least one training programme in a year comprising of animators from all the Dioceses of the region.

**6.10.6:** If the RYD – ICYM/YCS-YSM finds it difficult to manage the whole youth movement in the region, he/she may appoint a YCS/YSM regional coordinator for YCS/YSM for the smooth functioning of the movement.

#### **6.11: REXCO**

**6.11.1a:** The REXCO shall meet once every six months to review the growth and to plan activities of the movement.

**6.11.1b:** The office bearers of the region (REXCO) shall be responsible for the revival, extension, growth, sustenance and vibrancy of the movement. They shall be guided by the RYD, RTA and Regional coordinator.

**6.11.1c:** The REXCO with the help of RTA shall mobilize finances for the proposed activities of the region.

**6.11.1d:** The office bearers shall discharge their duties as per the constitution. The President shall lead the group together, Secretary shall keep the reports, records and documentation, Treasurer shall maintain the accounts, National ExcOs shall regularly attend the NTA/Exco meeting supporting the regional movement and other office bearers shall discharge their duties for the growth of the movement and work in a regional CELL with RYD which is the basic unit of the movement.

#### **6.12: Diocesan Youth Director (YCS/YSM, ICYM):**

**6.12.1a:** DYD is responsible for the growth and sustenance of the movement in the Diocese.

**6.12.1b:** Some Dioceses may have separate Diocesan Youth Director for YCS/YSM and that DYD-YCS/YSM shall be solely responsible for the growth and sustenance of the movement.

**6.12.1c:** The DYD of YCS/YSM and the DYD of ICYM shall work together in the Diocesan Office for Youth under the Diocesan Bishop.

**6.12.2:** DYD shall organize the Diocesan Council once a year and enable the election of the DEXCO, plan activities, trainings for the year and review the progress of the movement.

**6.12.3:** DYD shall guide the DEXCO to discharge their duties fruitfully in the manner which helps the growth of the movement and to reach out to all the members of student community in the diocese by organizing them in the educational institutions and Parishes.

**6.12.4:** If the diocese has a large number of separate YCS and YSM units (more than 50 units each) the office bearers (DEXCO – YCS & YSM) may be elected separately to provide more participation and leadership while some of the activities may be organized jointly.

**6.12.5:** DYD shall organize the Diocesan Animators training as and when required, at least twice a year comprising of all the animators of the Diocese. If required, separate meetings/trainings of YCS and YSM animators may be organized.

**6.12.6:** If the DYD – ICYM/YCS-YSM finds it difficult to manage the whole youth movement in the diocese, he/she may appoint an YCS/YSM diocesan coordinator for YCS/YSM for the smooth functioning of the movement.

### **6.13: DEXCO**

**6.13.1a:** The DEXCO shall meet every month or as often as possible (at least bimonthly) to review the growth and to plan activities of the movement.

**6.13.1b:** The office bearers of the diocese (DEXCO) shall be responsible for the revival, extension, growth, sustenance and vibrancy of the movement. They shall be guided by the DYD, DTA and Diocesan coordinator.

**6.13.1c:** The DEXCO with the help of DTA shall mobilize finances for the proposed activities of the diocese.

**6.13.1d:** The office bearers shall discharge their duties as per the constitution. The President shall lead the group together, Secretary shall keep the reports, records and documentation, Treasurer shall keep the accounts, Regional representatives shall regularly attend the Regional meetings supporting the Diocesan movement, and other office bearers shall discharge their duties for the growth of the movement and work as a diocesan CELL with DYD which is the basic unit of the movement.

### **6.14: UNIT OFFICE BEARERS:**

**6.14.1:** The unit shall meet as often as possible (at least twice a month) at the prescribed time and place to coordinate and support the actions

and functions of the cells with the help of their animator where the cell meeting shall be conducted every week in the spirit and spirituality of YCS/YSM using the methodology of SEE, JUDGE and ACT

**6.14.2:** The unit office bearers shall discharge their duties as per their responsibilities. The President shall lead the group together, Secretary shall keep the reports, records and documentation, Treasurer shall keep the accounts, Reporter shall give due publicity to their activities encouraging the younger members to join the movement

**6.14.3:** The four office bearers of the unit or their delegates shall represent the unit in the diocesan council.

**6.14.4:** The office bearers and the cell leaders shall get trained to function effectively in the unit.

### **6.15: THE ANIMATOR**

**6.15.1:** The Animator shall be an integral part of The Movement and the member with a higher cadre.

**6.15.2:** The Animator of the movement shall guide the movement, the members and office bearers to get the utmost good out of this movement in attaining the aim and objectives of the movement.

**6.15.3:** The Animator shall help the members change their self and attitudes towards self and society by making the methodology of YCS/YSM as their way of life.

**6.15.4:** The Animator shall animate the group accompanying them in their self transformation by transforming oneself through the methodology of YCS/YSM and making it the way of life, thus being a role model to members.

**6.15.5:** The Animator shall guide and reach out to the members in times of crisis and in their growth process and in all their activities.

**6.15.6:** The Animator shall adhere to the Gospel/ moral values to motivate the members in the process of their growth and life.

**6.15.7:** The Animator shall get adequate training under DYD to function effectively.

**6.15.8:** The minimum age of the Animator shall be 24 years as regards YCS at Parish unit and a teacher (Teaching Staff) of the particular educational institution as regards YSM.

### **6.16: CELL & CELL LEADER & SECRETARY**

**6.16.1:** Cell is the basic unit of the movement. It is understood as the fundamental structural and functional unit of the movement.

**6.16.2:** The cell shall be constituted annually by animator and consists of 8-12 members. The Cell members shall be permanent members of

a particular cell for a period of at least one year

**6.16.3:** Cells shall meet as often as possible and as required, at least once in a fortnight:

a) To share their experiences of life and faith and find the way of life towards personal growth in the movement spirituality using the methodology of the movement.

b) To plan their actions

c) To execute their actions

**6.16.4:** Cell leader shall conduct the cell meeting and give equal opportunities to all the members of the cell to share their feelings and experiences keeping in mind the fraternal orientation of the movement.

**6.16.5:** Cell Secretary shall write the brief report of the cell meeting and actions taken. Confidentiality of the person who shared his/her feelings and ideas shall be strictly maintained and ensured.

**6.16.6:** Cell members shall attend meetings and programs regularly.

**6.16.7:** Cell members shall be responsible to maintain strict confidentiality of the personal feelings and experiences, thus helping the person grow by giving fraternal support in times of need.

**6.17: CHAIRMAN OF CBCI YOUTH COMMISSION:**

**6.17.1:** The Chairman of the CBCI Youth Commission shall be the Chairman of the movement.

**6.17.2:** The Chairman shall guide and support the National movement for its growth and sustenance.

**6.17.3:** The Chairman shall attend NTA/Exco meetings as and when necessary and guide them to make the right decisions for the extension and growth of the movement

**6.17.4:** The Chairman shall help and guide the national movement in its monetary needs by sharing, recommending and requesting funding agencies to support the project proposals of the movement.

**6.17.5:** The Chairman shall make the CBCI (Bishops) aware of this movement and urge them to revive and start the movement in their Dioceses, thus to reach out to all the student/teenage community in their faith formation, personality development, Christian leadership and personal transformation.

**6.17.6:** The Chairman with the help of respective secretaries (NYD-ICYM and National Chaplain of YCS/YSM) shall arrange for the Office for Youth meeting together with the national office bearers of ICYM and YCS/YSM to have a good understanding among them and



work for the cause of personal and social reformation.

**6.17.7:** The Chairman shall be the voice of the student/teenage community in the CBCI for their needs and their growth process.

## **Article 7: FINANCES OF THE MOVEMENT:**

**7.1: Source of Income:** Finances/ Funds shall be raised through membership fees, annual subscriptions, grants and legacies, national campaigns and fund raising, diocesan and regional contributions, financial assistance from government and non government agencies – national/international, loan and special collections etc. The National Team of Animators shall help raise finances/ funds for the Movement.

**7.2: Expenditure:** These finances / funds shall be spent for launching national programmes, Training programmes, National Team and NTA/ Exco meetings, campaigns, researches, projects, services, maintaining Full- Timers, National Chaplain and National Coordinator, travels for all the executive bodies of the Movement, documentation and publications, Office staff and administration etc.

**7.3: Budget:** The National Council shall stipulate a budget and entitle the National Team to collect subscriptions, funds etc. from the cells through the Diocesan and Regional Exco's and administer the same. The NT shall be accountable to the National Exco and NTA for the expenditures and receipts of the same.

**7.4: Audit:** All money collected by the National Movement shall be audited annually through a qualified Chartered Accountant and the accounts pertaining to FCRA shall be submitted to the Home ministry.

## **Article 8: THE SEARCH**

**8.1:** 'The Search' shall be the official news letter of YCS/YSM India. Members shall write articles and their experiences to the newsletter and sustain this through their subscriptions, advertisements and donations.

**8.2:** The editor of 'the Search' shall be a NEXCO member and shall serve for the growth and sustenance of the newsletter.

## **Article 9: LANGUAGE:**

The proceedings of all the meetings and accounts shall be maintained in English. However during meetings any member expresses himself/herself in any national/regional language with the help of an interpreter.

## **Article 10 - AMENDMENTS AND ARBITRATIONS**

**a)** Any proposal for the amendment of the constitution must be sent at least four months prior to the next Council to the National Team (NTA/Exco meeting draft/ Chairman) which communicates the same to the Council.

**b)** Any proposal for the amendment reaching the National Team later than four months prior to the National Council and those submitted during the Council shall not be discussed in the actual Council but taken as suggestions for the next Council.

**c)** Any amendment to the constitution of the Movement shall only be approved by 2/3rd of the regions present and voting at the National Council.

**d)** In case of a situation which cannot be resolved within the Movement, the Code of Arbitration proposed by the CBCI will be followed.

**Article 11: There shall not be parallel cells of YCS and YSM in a unit.**

## **Article 12: DISSOLUTION of Indian YCS/YSM:**

**12.1:** In case YCS/YSM is to be dissolved, the National Council may decide with the concurrence of CBCI if 2/3rd of all council members are present, with 2/3rd majority among them proposing the dissolution. The National Council, if decides so, shall work out the modality of dissolution and make it known to the IYCS.

**12.2:** If a unit is to be dissolved for inevitable reasons a proper decision shall be taken by the Local Ordinary only following the proper process of dissolution. Natural justice should prevail while arriving at a proper decision.



## **GUIDELINES FOR WORKING WITH STUDENTS OF OTHER FAITHS (YSM)**

### **Article 13: NAME:**

Where the Movement works with students of other faiths, it shall be called YOUNG STUDENTS MOVEMENT (YSM)

### **Article 14: AIM AND OBJECTIVES: Same as Article 2.3 to 2.3.10**

### **Article 15: ADMISSION**

**15.1:** Any young student who accepts to live the aim and objectives of the Movement and is willing to work with others irrespective of religion, belief and caste in the same orientation may be permitted to join the Movement.

**15.2:** They shall be attached to an educational institution and their membership shall be limited till Junior college or its equivalent or higher secondary school (+2).

### **MISCELLANEOUS:**

**Article 16:** In the decision making process of the movement; the opinion, suggestions, sharing of feelings of student members shall receive respectful and due consideration by elder members of committees to reflect the nature of the movement 'the students' movement'

**Article 17:** Universal and Natural rights of children shall prevail upon all the student members of YCS/YSM.

**Article 18:** The YCS/YSM Indian movement shall follow this constitution in letter and spirit in all its aspects in the national, regional and diocesan level.

**Article 19:** Any internal rules made by a region or diocese shall be presented to the National Team and shall be ratified within a year in consultation with the NTA/Exco.

**Article 20:** The decision of CBCI is final and binding on all concerned.

### **Appendix I - Consultation:**

Consultation as it is used in the constitution is not a mere formality. To take decisions affecting the National Movement requires the EXCO to give due importance to NTA and Regional ExcOs and consider their suggestions with an open and free mind. The consultation with Regional ExcOs shall be held through correspondence and written opinions of the Regional ExcOs shall be presented to NTA. As far as possible, proceedings shall be duly maintained.

### **Appendix II – Independent Zones:**

Independent Zones that are directly under the National Movement shall have one representative each at the National Exco.

### **Appendix III: YCS/YSM Public Charitable Trust Objectives:**

The movement is for the purpose of imparting relevant education by promoting personality development, leadership and social responsibility which are geared towards making the students an effective instrument of change; evolve a new society; training in skills like capacity and leadership qualities; knowledge of life for their integral development; seminars and researches; organize programmes for the poor irrespective of race, caste and creed; social service activities; youth welfare activities, etc.

### **Appendix IV: Office bearers**

- a) If any office bearer of a CELL/UNIT/DEXCO/REXCO/NEXCO during the tenure of office moves out of unit/ school/parish/ diocese/ region/ nation, loses the position of office in the respective cell/ unit/ diocese/ region/ nation, a new person shall be nominated in their place by the respective authority in consultation with the respective bodies.
- b) If a DEXCO/REXCO member is selected as NEXCO, it is desirable that he/she lays down the position to give other person an opportunity to serve.

### **Appendix V: Authority**

- a) Unit level: The authority to take decisions will be with the Director/ Principal/ Parish Priest in consultation with the Unit Animator
- b) Diocesan level: The authority to take decisions will be with the Diocesan Bishop (Local Ordinary) in consultation with the Diocesan Director
- c) Regional level: The authority to take decisions will be with

the Regional Chairman Bishop in consultation with the Regional Director

**d)** National level: The authority to take decisions will be with the CBCI Chairman of Youth Commission in consultation with the National Director

### **Appendix VI: NEXCO**

**a)** The region which has only one diocese shall elect two NEXCOs.

**b)** The region which has more than one diocese but movement is present in only one diocese both the NEXCOs shall be selected from that diocese.

**c)** If that region has movement in more than one diocese, it is desirable that the NEXCOs are selected from different dioceses; yet it is left to the discretion of the RYD with valid reasons.

**d)** If, in a region, any diocese starts the movement anew, the present NEXCOs shall continue their tenure of three years, unless someone is changed by the RYD with valid reasons in consultation with REXCO.

**e)** If a NEXCO member resigns during the tenure or moves out of the region and informs the RYD and NTA/Exco in writing about not being able to discharge the responsibility as NEXCO or one who does not perform the responsibilities as per the requirements of NEXCO in the spirit and objectives of the movement, the REXCO may suggest another member as NEXCO to the NTA/Exco for approval, while REXCO, having heard the point of view of that person shall give valid reason with understanding for the expulsion. NT shall take appropriate decision after due consultation with the RYD and REXCO.

**f)** Though YCS/YSM is a catholic movement, it also incorporates students from other faith and since NEXCO member represents the region to the CBCI Office for Youth, only catholic members shall be selected as NEXCO and presented at the National Council. YSM members belonging to other faiths shall not be selected/elected/nominated as NEXCO members.

### **Appendix VII: National Council participants:**

**a)** At present, 2 or more NEXCO members of every region, RYDs/ RCs, 1 student member each from every Diocese where YCS/YSM exists (including Regional Presidents), 1 animator for every 5 dioceses, 8 ex members, 12 invitees (former national chaplains and representatives

of other student movements), Secretary - CBCI Office for Youth, 1 Moderator, National Chaplain, National Coordinator(s), Chairman of Youth Commission and Resource persons shall participate in the National Council.

**b) Selection of Delegates:** In case of One Diocese – One Region - 5 student members, any region having YCS/YSM in less than 5 dioceses - 5 student members (Regional President included) and more than 5 dioceses an additional 1 each per diocese shall be selected. If there are independent zones directly serving under National Chaplain, one student member each per zone shall take part in the National Council.

The Diocese which has less than 100 units – 1 delegate and every additional 100 units – 1 delegate each (inclusive of YCS and YSM)

**c)** An YSM member belonging to any faith or not, may be selected as delegate to the National Council representing the particular region.

### **Appendix VIII**

**a)** This constitution abides by the IYCS International Statutes in spirit as it is affiliated to IYCS International.

***CBCI Youth Commission - YCS/YSM, New Delhi***

***Amended and passed on 25th May 2013 in XVI National Council held at Bethel, Shillong, Northeast and approved by CBCI India***



## **YCS YSM Anthem**

**Ch:** Let YCS light shine, Let YSM light shine  
Let our light shine, bright and clear, For all the world to see

1. True to our own motto build a just society [2]  
With peace and equity Freedom and love  
National Integrity [2]

2. See Judge and Act our review of life [2]  
Let Communal Harmony, Human dignity  
Reign in our land and the world [2]



## OATH TAKING

I, (Name) / do solemnly affirm / that I will / to the best of my ability / execute the duties and responsibilities / as the \_\_\_\_\_ (position) / representing \_\_\_\_\_ (unit/ diocese/ region/ India) / that I will participate / in all the movement activities without fail / and promise to accept and live / the methodology and the spirituality of the movement. I will dutifully uphold and preserve / the Constitution of Young Catholic Students/ Young Students Movement / and its aims and objectives. I take this pledge / fully knowing my responsibility / asking strength from God / the loving Father / to live up to the trust / placed in me / and work with the students and animators / for the welfare of the movement and society / to change myself and to change others / to Build a New Society- God's Kingdom.



# YCS/YSM INDIA ALUMNI ASSOCIATION

*“Once a YCS/YSMer, always a YCS/YSMer”*

Greetings to all the former members from YCS/YSM India!

Our Movement, from its existence has formed active and dynamic church leaders, motivators, peace makers, social workers, and liberators who are involved in the process of socio-economic-political-religious welfare of the people in bringing peace all over the country and beyond.

At this juncture, YCS YSM India feels happy and proud in informing you that an alumnus group has been instituted to connect all the ex- members of the movement to come under one head - YCS/YSM India!

It is very important in this modern era of technology to connect to all the members so that the concerted efforts will help us achieve our vision, aim and objectives much better and in turn will help the mother cell, the national movement to reach out to many to build a new society. It is a golden opportunity for all the former members to re live their past; guide, encourage, support and suggest ideas for the spread and growth of the movement.

Be a part of the family of YCS/YSM always to build a new society, Kingdom of God!

A membership form will be sent to you through mail. Help us by inviting all the former members in your circle.

## **Let YCS YSM Light Shine!**

Mail us : ycsysmindiaalumni@gmail.com  
: ycsysmindia@gmail.com

Like us : YCS YSM India: <https://www.facebook.com/ycsindia>  
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## NATIONAL DIRECTORS



**Sr. Jeanne Devos**  
1969 – 1975



**Fr. Johnny Monteiro**  
1975 – 1979

**Fr. Irudayam**  
1980 – 1983



**Fr. M.C. Micheal**  
1983 – 1989



**Fr. Vincent Monteiro**  
1989 – 1995



**Fr. Prakash Sagili**  
1995 – 2001



**Fr. I. Peter**  
2001 – 2007



**Fr. Vincent Arokiadas**  
2007 – 2010



**Fr. Charles Menezes**  
2010 – 2016



# ST JOSEPH ENGINEERING COLLEGE

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(A Christian Minority Institution affiliated to Visvesvaraya Technological University and recognized by the AICTE, New Delhi, NBA Accredited B.E- CS,ECE,EEE)

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## M.Tech

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- Computer Science & Engineering
- Digital Electronics & Communication Systems
- Computational Analysis in Mechanical Sciences

## M.C.A.

- Computer Application

## M.Sc. (Engg.)

- Mechanical Engineering
- Computer Science & Engineering
- Electrical & Electronics Engineering

## Ph.D.

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- Electrical & Electronics Engineering
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- Chemistry

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- Centralized computer centre
- Chapel to meet the spiritual needs
- Spacious, well-equipped laboratories.
- Training and Placement Cell



## Contact Details:

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