

# *The Search*

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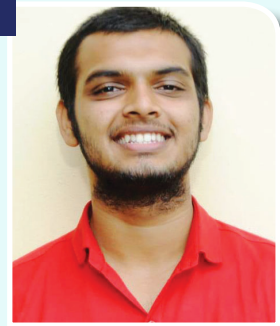
## CORONA RETURNS

Inside this issue

Articles, Reports, Experiences and  
testimonies of students

# PRESIDENTS MESSAGE

***“Whatever goes round comes around”*** The Second wave of Covid-19 proved this. The sudden increase in the positive cases caused a huge burden on the health care sector of the country. Lack of medical equipments, oxygen and unavailability of ICU beds for the patients scared everyone. Lakhs of people tested positive, thousands of people lost their loved ones, many lost jobs due to the second wave. Our country faced one of worst situations because of unemployment, stagnant and negative economic growth.



As a country we failed in a lot of fields. ‘We’- being both Government and Public. Once the cases started decreasing, we became careless and negligent that we took Covid for granted. We went for vacations, unnecessary shopping, parties, religious gatherings, rallies etc where social distancing went for a toss. The health authorities had warned about what it would lead to and sadly we weren’t prepared. It’s not about pointing finger at someone as it is a collective failure. This second wave should be a lesson to us and we must be prepared for the third or subsequent waves.

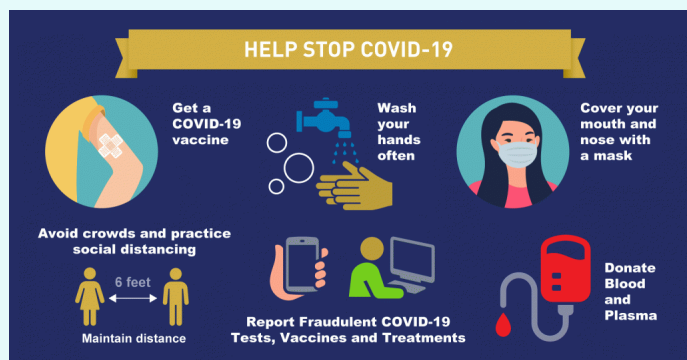
The question arises, What next? The answer is simple ‘follow the guidelines and rules’. It is said that social distancing in our country is a myth, and to an extent we proved it. But its now or never. Let’s strictly follow the Covid Protocols; that is staying at homes, social distancing and wearing masks whenever we step out. I know its not easy to sit indoors without meeting our loved ones for long but in order to battle covid, we need to do it. Wearing double mask properly and getting vaccinated at the earliest is A MUST.

It is truly a hard time for all of us, attending online classes or working from home for hours in front of gadgets. Our screen time has increased which in turn will cause numerous health issues. Many young people have landed into depression because of loneliness. But, we need to find out ways, that work for us to overcome negative thoughts.

Never forget to help and educate people around you. Many people are still not aware of vaccines. As YCS/YSM’ers, let’s help people register for vaccination and spread awareness, only vaccine can help us overcome this situation at the earliest. We can also help by providing other basic necessary items to those who are struggling because of the lockdown. Remember this time will pass, but it depends on how we approach it. So let’s learn from the second wave and get prepared to battle the future consequences of this virus.

Stay safe and remember to pray for everyone’s safety.

Let YCS/YSM light shine  
**-Deril D’Sa, National Convenor**





# CORONA RETURNS: effects and causes!

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Greetings to all the YCS/YSMers!!

Back in 2019, Did we ever think that there would be a pandemic which could be this deadly? We didn't. We lived without any tension or fear. We planned everything for the upcoming years and were eagerly waiting for 2020. But year 2020 came and it was full of surprises for us. All the plans and programmes just disappeared and we were locked inside our houses. Once again in 2021, beginning of the year we thought everything is coming back to normal and we were in for a bigger shock this time...Covid returned with vengeance!

We need to ask the question, why did Covid cause such destruction in the second wave? Is it because we were not prepared or because we did not take pandemic seriously? If we did, why are the cases rising? If we didn't, aren't we causing trouble for others too!? We had to follow some rules which weren't that hard. But did our pride get in between the fight with COVID? I guess it did! When the first wave of COVID struck, most of us were afraid and did exactly what the government or the authorities told us to do. But during the second wave, we took it for granted and decided to do whatever pleased us.

The Second wave was much deadlier than the first one. We must now reflect on the causes and effects this second and the third wave (predicted) will bring with it. Many families lost their loved ones. Many children have become orphans. Young people have lost their jobs, careers are in danger and we the students are struggling with our studies.

Have we noticed the change!? The change in human behaviour, our system, working style, change in environment etc. It's a high time for us, young leaders to come forward and change. Change for good, change for great. As our movement teaches us that we can't change others without changing ourselves. It's time to change.

In this issue of The Search, we have articles about how COVID-19's comeback has affected us all and how this pandemic has changed our lives. As I said in the previous issue, it's time to change.

At the end I want to say "A strong positive self-image is the best possible preparation for success."

- *Ashita Jimmy*, Editor - *The Search*



Dear YCS/YSMers

Globally, as on, 16 July 2021, there have been 188,655,968 confirmed cases of COVID-19, including 4,067,517 deaths, reported to WHO. As of 14 July 2021, a total of 3,402,275,866 vaccine doses have been administered. In India there have been 31026829 confirmed cases and more than 412531 deaths due to Covid-19. A total of 404931715 vaccination doses have been administered.

Going by these figures, we in India are still at risk because not even 10 per cent of our population is vaccinated. These statistics are alarming. When the first wave of Corona Virus struck, we were not prepared. Governments, all over the world took various measures to contain the disease. There were lockdowns, complete shutdown of all movements of people and transport etc. This affected the economy adversely and we are aware that many countries lifted these restrictions in phases.

In India, our government imposed a complete lockdown in March 2020 which continued for almost 3-4 months. After July, there were relaxations and by the end of 2020, it looked like we were getting back to normal life. Other than international travel, almost everything was open. For the next three months, people forgot about COVID-19 and neglected all the COVID-19 protocols. That is when the second wave hit the country and everyone was gasping for breath. The visuals on television and reports in the newspaper were horrifying. Sadly, we have not learnt any lesson.

Our Doctors, nurses and frontline workers have worked hard to contain the pandemic. Many have lost their lives and dear ones. Being careless, we put their life at risk. When



many other countries in the world are getting back to normal and reducing the number of cases and COVID related deaths, we are still reeling under the second wave. Some states in our country still have high rate of infections and deaths are reported every day.

The research is still going on. Scientists are working to find more



about the virus. As we hear about more variants and mutations of CORONA Virus, the researchers are still working to give us a clear picture of this pandemic. We still do not have a clear idea of how it originated and how is it mutating. We don't know whether the vaccine is effective, does it protect us from all the variants. As the research continues, we need to protect ourselves and do the best to contain this virus from spreading and further mutating.



As students, we need to spread the awareness about causes and effects of this virus, make people aware of the vaccination, help people who are in remote places to get vaccinated. We need to tell people about wearing mask and maintaining distance. In this issue of The Search, our young students have written about COVID-19. This issue is very informative. I request all of you to first take care of yourselves, your families by following all the protocols and also help people around you to remain safe. Together we can defeat CORONA virus from spreading. Stay safe

**- Fr. Chetan Machado**  
**National Chaplain**

## MY EXPERIENCE - SHARING

Greetings and Good Day to You,  
June 23rd- 2012, was the day I came to know about YCS /YSM. Merely able to hear what the resource person was speaking, I was sitting wondering when will the person allow for a break. At once, he called me forward, with a great shock I stood up and went forward. The resource person asked me a question. He asked to be honest in the answer... After a few minutes, I found myself little emotional. The questions turned out to be, "Who would be the person, who you want to thank and want to ask sorry ? Though the question was simple, I found it hard. It was easy for me to thank a person but it took me to shed a few tears for the person who I was sorry for.



We thank people, we laugh, we shout, we also cry but when it comes to feel sorry, most of the times we feel it a little hard. SORRY, a five letter word with meaningful emotions. It was YCS /YSM which gave me a chance to feel it. That's how my likeness towards my movement began.

More than the Movement, I would say YCS /YSM is a miraculous gift for me from God. It has helped me, it has moulded me to be who I am today. It has been and will be my identity. For those who knew 'Rachel' as just a student and a parishioner, YCS/YSM has made them to call me a LEADER. It has given a chance to prove who I really am. And I would say that YCS/YSM, has always given me a path to tread, to discover myself deeper. (...continued on pg. 22)

# COVID RETURNS! ARE WE ALL READY TO FIGHT?



**Lizan Meryl Pereira**  
Miyar, Udupi diocese

I found this quote that best suited the current times. *'We are not living in fear, but we are definitely living in faith'*. The second wave of the Novel Coronavirus has definitely hit India hard. With our lives shattered, hopes lost and situation being pathetic each and every day that is passing by, has nothing but miseries to offer. With Students education remaining stagnant and unemployment at rise, to people losing their near and dear ones, we have nothing to convey but grief and sorrow. Still, a small portion of long living faith is hiding within us. We chant a 'small' yet powerful prayer for the millions of people out there. Each and every one of us are definitely affected directly or indirectly by the double mutant. With each day starting with computer screen for online class to going to bed with nothing but a desire for the next day to be better has been our routine now.



The second wave of the Virus was anticipated by the medical professionals but sadly in our country political agenda dominates humanity. A few leaders have sugarcoated the bitter pills of facts and presented before the public. It is very disturbing to even think and talk about it so I personally think it's better to avoid and just focus on the solution than blaming the past. We as youth should definitely raise our voice against the mis-happenings if we are strong enough to do so. But a person like me would definitely like to divert the mind and shelve the disappointment.

There are various causes on why the Corona virus has returned in a new form with a much powerful mutant having a high transmission rate. Ignorance, pride, negligence, violation of the protocols, carelessness are a few to point out. A few months of carelessness and organising of a few rallies and melas have costed so many lives affecting a large population. Someone's fault took someone's life. It seems like history is repeating

itself. Because I think the whole of 2020 is reliving. 2021 happens to be the mirror or the shadow of 2020 with much more adverse effects as people are more scared, depression is peaking and certainly no one is in the mood for 'dalgona coffee!'



A few things that I think everyone must give time to is **TAKING CARE** of themselves. **Firstly**, wearing masks (Double masks preferable as its much more effective), sanitizing, following all the Covid protocols while going out, is important. Staying indoors is ideal with lockdown being imposed in some states. Although, its pretty hard to control ourselves and convince our mind to remain indoors but it is the best help we could offer to the human kind in the present scenario.

**Secondly**, Mental health **SHOULD** be taken care of. A few ways to stay out of stress could be writing journal, gardening, reading a book, talking to our family and friends and may be going through a few memes on Instagram that make us laugh. It's true that the whole life has become a meme, yet taking care of ourselves and our family is necessary. Talking to our own self Infront of the mirror also helps even though it sounds cliché.

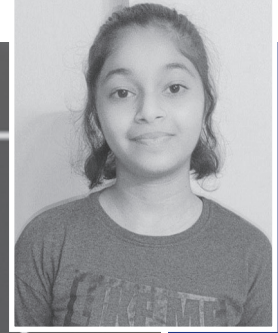
**Thirdly**, **VACCINATION**. "Social media has become a hub for misinformation and negativity". A lot of rumours about vaccines are being spread. The impact is huge, far beyond our imagination. It instills fear among people and moreover they tend to believe such information and refrain themselves from getting vaccinated. The vaccines are effective enough and we as youth should spread awareness, true facts, information about these and educate people. We have to encourage the elderly who resist and hesitate to get vaccinated because of the fright that it would cause them harm. As soon as the vaccines are available let

us all go get Vaccinated and take others too as that is all we have right now to fight against the virus.

**Lastly**, let us not forget that we are in this together and "Lord our savior, our Father never abandons his children". Let us try to lift up our faith and pray to the almighty as he is the only one who can save us from this dreadful situation. Whenever we feel low, let us trust the process and his plans and blindly believe that the good old positive days are ahead of us. Let us not forget that the frontline workers and many others are rendering their selfless service by risking their own lives to save the remaining population of India. Let us take some time every day and thank them for their efforts.

I would like to conclude with a quote that says, "When you arise in the morning, think of what a precious privilege It is to be **ALIVE**".

Stay home, stay safe, take care of yourself and your family. ♦



## What is novel **CORONAVIRUS**

**C**oronavirus or Covid 19 is a kind of common virus that causes an infection in your nose, sinuses or upper throat.

In early 2020, after December 2019 the virus outbreak in China. The World Health Organization (WHO) identified SARS-CoV-2 as a new type of coronavirus. The outbreak quickly spread around the world. COVID-19 is a disease caused by SARS-CoV-2 that can trigger what doctors call a respiratory tract infection. It can affect your upper respiratory tract (sinuses, nose, and throat) or lower respiratory tract (windpipe and lungs). It spreads the same way other coronaviruses do, mainly through person-to-person contact. Infections range from mild to deadly. SARS-CoV-2 is one of seven types of coronaviruses, including the ones that cause severe diseases like Middle East Respiratory Syndrome (MERS) and Sudden Acute Respiratory Syndrome (SARS). The other coronaviruses cause common cold that affects us during the year but aren't a serious threat for otherwise healthy people.

### **What to do if you think you have it?**

If you don't feel well, stay at home. Even if you have mild symptoms like fever, headache, running nose, stay at home until

you feel better. This lets doctors focus on people who are more seriously ill and protects health care workers and people you might meet along the way. You might have heard this term called self-quarantine. Try to stay in a separate room away from other people in your home. Use a separate bathroom if you can.

Call the doctor if you have trouble in breathing. You need to get medical help as soon as possible. Calling ahead (rather than showing up) will let the doctor direct you to the proper place, which may not be your doctor's office. If you don't have a regular doctor, call your local board of health. They can tell you where to go for testing and treatment.

Follow your doctor's advice and keep up with the news on COVID-19. Your doctor and health care authorities, will give you the care and right information on how to prevent the virus from spreading.

### **How long will the coronavirus last?**

There's no way to tell how long the virus will continue. There are many factors, including the public's efforts to slow the spread, researchers work to learn more about the virus, their search for a treatment, and the success of the vaccines.



## PRECAUTIONARY MEASURES:

### HOW TO STAY SAFE AT OUR HOMES–

1. Keep cleaning your hands frequently with soap or sanitizer.
2. When cough or sneeze unexpectedly, use tissue and discard after use or cover your mouth and nose with flexed elbow if you don't have tissue or handkerchief.
3. If you experience any difficulty in breathing, immediately contact your health care facility.
4. Avoid unnecessary exposures to the ill person and to be on the safer side do use your own daily needs such as plates, towels, masks etc.
5. Ensure you take nutritious food and drink plenty of water. Also, the following actions help prevent the spread of covid-19:

- ◆ Wear a face mask.
- ◆ Maintain at least six feet of distance between yourself and others.
- ◆ Avoid large gatherings.
- ◆ Avoid socializing outdoors.
- ◆ Avoid close contact with people who are sick.
- ◆ Minimize touching your eyes, nose, and mouth.
- ◆ Stay home when you are sick.
- ◆ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- ◆ Clean frequently touched objects and surfaces regularly.
- ◆ Wash your hands often with soap and water.
- ◆ Get vaccinated as soon as you are eligible.

Stay home[ stay safe; save lives.

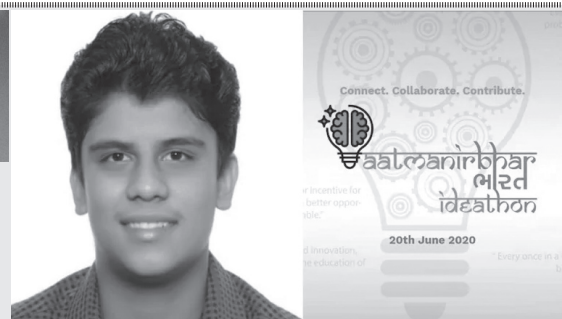
- **Hanisha Gonsalves**

YCS, Mother of Sorrows Church, Udupi

## Inspiration

**ARYAN** a 17-year-old student, studying in class 12, is the Winner of HRD ministry's Atmanirbhar Bharat Ideathon. He developed a web-based application called LungAI which helps in detecting the Covid-19 virus as well as

16 other lung disorders in just three to five seconds. The acute spread of pandemic encouraged Aryan to come up with a solution and thus the LungAI was developed. The user has to upload a CT-Scan or an X-Ray on the application and it detects the lung disorders in less than 5 seconds with 90% accuracy. It also displays further information regarding the treatment in case of Covid-19 and the nearby hospitals treating the patients. LungAI is a combination of six machine learning detection models which gives the results of the various lung diseases. The most interesting part about this application is that Aryan never had a formal training in the field of machine learning and he trained himself and read up on the subject from various online resources. Currently, the government assisting Aryan in further development and is planning to implement this application on a national level. "The unhindered merging of technology with sustainable environment is what excites me" says Aryan. (Courtesy: ayearthatwas-inspiring-stories-of-children-in-2020/



# COVID-19

## The Years Shortened.



**INDIA** is a country with vast population; diverse in ethnicity and social being and is one of the countries to beat the 1st wave of Covid 19 in the year 2019 – 20 with relatively less fatalities. India is applauded by many countries and world Organisations for the way it dealt with the Pandemic.

In order to overcome the Covid 19 virus, India managed to get its own vaccines and began vaccination since the midweek of January 2021. All had been working good until the second wave of Covid 19 started in early April 2021. The second wave of Covid 19 proved to be much dangerous, fast spreading and turned the uncontrollable situation in to a helpless one. I would wish to share my short journal during the second wave.

Being in Class 12 the only two things discussed were about the completion of our syllabus, being ready for the Board exams and about Corona. Our offline classes for the academic year started in the mid week of December 2020 and went on till the end of April 2021. When the lockdown started from 26 April 2021, we knew it would be a long way as the situation all over the country was not a good one. My daily routine was to make a daily time table, follow it and complete my revision beforehand so that I would be ready for my board exams. As I was preparing for Board exams there were some advantages added to my pocket. I was given minor chores at home and major part of my day went on to memorising my lessons. But along with these came disadvantages too. Most of

the chit chat with the friends was virtual, no classes, no church activities. Everything for everyone had come to a standstill. I am people's person. The good vibes that I get by meeting people and having a real talk does not get fulfilled with an online chat or a phone conversation. But, I had to adapt to the situation so during this time I made



friends with youtube, Instagram, few OTT series and a few books too. As a teenager, I didn't find it difficult to face the lockdown situation in the comfort of my home, with most of the things around to beat the 24 hour clock. Things to many of us were not really difficult, it was just about a change for a limited period.

But things were not the same for everyone. There were people out there who suffered the most due to the Covid 19 situation. People have lost their loved ones and their jobs. People have been in challenging situation not able to even afford for a basic living. Government is working hard to cater

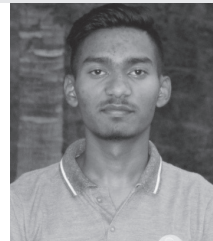
to the needs of the people. But having to lead a country with crores of people with so many out of the hand situation is really challenging.

These two years have given most of the important lessons of my life. One important one is that "Only people can help people". So if I or you can create a difference let us put a step forward and let us make an attempt to change. A Change can be brought even with a minute smile. So let's smile and make things hopeful for those who have lost hope.

**- Lavia Menezes**

President, Mother of Sorrows Church, Udupi

Trust the **FACTS**  
Get the **VAX**



**W**e faced a lot of lockdown extensions from January 2020 and the reason is COVID-19. As we were getting back to normal life in 2021, all of a sudden we were shocked by the second wave. Cases in India spiked rapidly in the months of April to June. The second wave was harmful than the first one. Once again governments started imposing Covid protocols and restrictions in phases.

This was done so that people do not panic because of a sudden lockdown. Migrant labourers going back to their homes, people storing daily food items and mad shopping created a rush and panic during the first lockdown. People once again started to take precautions to be safe from covid.

But the good news for us is that our scientists have come up with a solution to covid. Scientists and Researchers have come with a vaccine called COVAXIN in India. Initially people were not very serious to get vaccinated but now because of awareness people started getting vaccinated.

But the fear is that we are not safe even if we are fully vaccinated. Vaccination only helps us to increase our immunity and keeps us safe from contacting corona easily. That does not mean that we can be careless after getting vaccinated. We need to be careful till the time the whole country is vaccinated because prevention is better than cure.

So it is an advise to people reading this, if you are not vaccinated try to get it as soon as possible don't believe in rumours it is always better to get the right facts rather than believing in rumours and wrong information on social media.

**Oscar Martin, Nexco, Agra Region**

# My problem free philosophy



Hey folks!

It's been a long time that I have written something. I was lost and I got lazy and all thanks to 'lockdown'. But thanks to my team because they motivated me again to pen down my thoughts. I am really sorry for telling you this but it seemed important because I have seen many youngsters (same age as me ) have lost the motivation and encouragement in doing things which they once liked.

After resuming life, once again we are knocked down. But this time harder than we thought. Hearing our near and dear ones getting sick and struggling for every breath breaks every bit of us. I know this time is hard for everyone. In this hardest time we should encourage and help one another to be stable in life. In social media one video went viral, I guess you all may have seen it but still let me give you all a vague explanation of it. A girl was home quarantined due to Corona and she lost all the hope, confidence, motivation and encouragement in her. She was worried, tensed or say 'half depressed'. So her friend who lived nearby came wearing three masks and obviously from safe distance he danced like an idiot to pump her energy. Right now we all have to be like this boy taking good care of our neighbors physically, mentally and emotionally. As being a YCS'er we should do every bit we can to create a positive surrounding.

It is very crucial time we must take good care of us as well as of others. Keep a daily check on your Friends (how are they doing).

## Few tips for all the lovely people out there to stay connected.

- \* Share memes daily.
- \* Plan weekend movie night via zoom or Google meet ( any platform you're comfortable with)
- \* Do virtual *partyyyyy* ( it's fun )

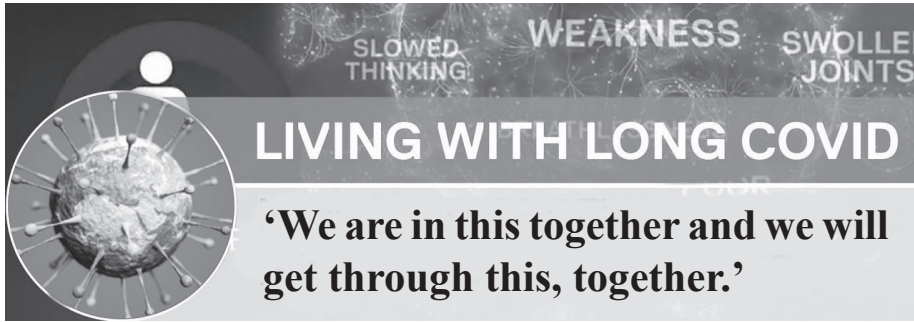


Let's stand with each other firmly in this time. Surely this time will pass. Till then sing with me " HAKUNA MATATA - It means no worries for the rest of your days... yeah, sing it folks It's my problem free philosophy HAKUNA MATATA "

- **Anjalina Ekka**

National Cultural Secretary.





**G**reetings from YCS Family, Hope all are safe inside. In December 2019, a novel coronavirus called SARS-COV-2 shocked the world. Many of us weren't aware of this until it became breaking international news. Many countries didn't have proper medical equipment to face this novel coronavirus. Every country started imposing nationwide lockdown to control covid 19 outbreak when the cases increased rapidly and the death ratio was not under control.

The government planned the lockdown process in different phases. Every department was affected by coronavirus. The most affected was the education of students. In India, schools switched over to online teaching. Students were new to online teaching and found it very difficult to adjust to this way of learning. There were many concerns like, students complaining about poor network, weak eyesight, neck pain, back pain etc. Due to these online classes many got addicted to phones and gadgets. They were more interested in video games and movies rather than attending to their online classes. When things were getting better the Government planned to open schools and colleges for offline classes. Many students showed interest in going back to schools and colleges so they can meet their friends after a long time. When things were getting better, the Government closed all the educational institutions because the coronavirus returned and it was affecting students and young people. It was spreading faster in the schools and institutions.

As Corona returned, no one expected that there would be so much damage in the second wave. Over the first few days, India was reporting nearly 2 to 2.5 Lakh cases per day. While this was happening, our administration was busy organising election campaigns and other big religious gatherings. There were no proper medical equipments and lack of oxygen.

If we look at the statistics at the end of 2020 and beginning of 2021, the covid cases were nearly reporting 20000 to 25000 per day. Many of us thought covid is disappearing. The governments started organising election campaigns with huge gatherings, not maintaining social distance and neglecting other protocols. Basically we all took it easy. The death rate in India almost increased 5% in the 2nd wave. There were new symptoms like rashes on skin, or discolouration on the fingers or toes, aches and pains.

As a YCSer first let's set an example for others by maintaining social distance and wearing masks all the time. Let us start helping poor people and their families who are on roads as much as we can in terms of giving essential service to them. Believe in yourself. Each of you can be a covid warrior now. Let's take this as a challenge and do it. I am with you. Are you all with me? The country needs you. We are in this together. **Stay Home Stay Safe.**

- **L. Joseph Pranay Reddy**, Nexco, Telugu Region

# PROFILES

## GITANJALI RAO: KID OF THE YEAR

*Geetanjali was named **TIME** Top young innovator in 2020 for her innovations and “innovation workshops” she conducts across the globe and, on December 4, 2020 was featured on the cover of **TIME** magazine and named the first “Kid of the Year”*

Gitanjali a 15-year-old scientist and inventor who also identifies herself as a fencer, dancer, singer, author and baker became the first Kid of the Year on TIME magazine cover in 2020. Gitanjali is the brain behind six innovations which mainly focuses on social issues and aims to create a social change with the help of science and technology. ‘Tethys’ one of the devices developed by her, helps in the detection of hazardous chemicals present in water. ‘Kindly’, a chrome extension, helps in identifying cyberbullying with the help of AI technology. ‘Epione’, a device used by physicians to keep a check on their patients’ medication intake. Along with these innovations, Gitanjali also hosts workshops on STEM sessions which have reached around 28000 students globally. Gitanjali’s main aim in life is to “Be a scientist superhero, solve real world problems and save lives.”



### Donating their piggy bank savings towards COVID relief

The children in Gujarat, donated their piggy bank savings towards the covid-19 relief funds with the hope of helping the poor and needy people who have affected the most during this pandemic. Pari Vyas says that she wanted to donated all the money from her piggy bank as she had seen on TV how famous people were donating money. Moreover, three other childfrom Gujarat too walked into the police station to donate their savings towards the relief fund. The overall donation went into helping the migrant workers whose life turned upside down with the implementation of lockdown. “Everyone should help the government in fighting the coronavirus” says Pari..

The world belongs to those who shape it. And however uncertain that world may feel at a given moment, the reassuring reality seems to be that each new generation produces more of what these kids—five Kid of the Year finalists selected from a field of more than 5,000, ages 8 to 16—have already achieved: positive impact, in all sizes.

# My COVID-19 EXPERIENCE:



**HI EVERYONE** I would like to share my Covid-19 Experience. We all know that corona is a major pandemic that threatens the world. In the first wave of the Corona various nations were trapped and recovered. But in this second wave of the Corona our country has been the most affected.

We saw the first wave of the Corona causing many thousands of deaths in different countries. But at that time our government and people jokingly carried lights and rang utensils without knowing the horror of the epidemic but today people are dying in our country due to the corona epidemic, The tragedy of dumping them in rivers without cremation grounds to bury them is going on in our country today.

It is really painful when our families see the suffering of our people in the second wave before our eyes today, having been from what was going on somewhere in the first wave. Humans in particular suffer from this disease and suffer from shortness of breath. The situation today is such that the rich and the poor can say that they are one before God

Everyone is well aware of this condition. Especially in this second wave our country

is suffering and is in a state of irreversibility so our government is making efforts to rectify it in this situation we as the people and especially the young students are forced to do better. So we need to raise awareness in our families and the community that depends on us, especially in all spaces, we need to make people aware of personal space, wearing masks, using disinfectants and cleaning ourselves frequently. Above all, this disease has taught us a lesson in this time of great epidemic. It is well known that traditional foods and herbs, such as natural foods and natural remedies, are the only ones that can give the body the most health and have the greatest immunity.

There is a difference between the first wave of the corona and the second wave. In the first wave, even those who did not have covid were taken by ambulance claiming to be corona positive and kept in isolation. But in the second wave there were many infected and they did not get timely care. Many did not get admission in the hospitals and had to be kept in vehicles, ambulances, hospital corridors etc. A lot of people died due to negligence. In some cases, even after vaccinations people were affected.

Initially there were a lot of rumours about adverse effects of vaccines. People were tested for other diseases before getting vaccinated. Some people were not given vaccines for various reasons. Many celebrities and prominent people including doctors died during this time even after receiving vaccination. It was unfortunate and people were afraid to go to hospitals.



## Search

In this situation, it is necessary to follow all the protocols to keep ourselves and others safe. We need to get correct information about the vaccines and should not believe in rumours. If we maintain social distancing and wear mask regularly, we can keep ourselves safe and help others too.

Lastly let me tell you from my experience that if you have any symptoms, kindly isolate and wear a mask. Do not go out unnecessarily. Lets maintain a healthy diet, live a disciplined life. Let's be safe and beat Corona.

**Tony, Tamilnadu Region, Editor**



Our Country is going through tough times due to the second wave of covid-19. The time now is very harsh for all of us. When everything was settling down slowly and situation was becoming normal, suddenly Covid cases started increasing and this time more people are affected and losing their lives. The government imposed lockdown and it was harsh for all middle class people specially for daily wage workers. They don't have money for their basic needs. Prices of necessary things is increasing everyday. These lockdown and restrictions are affecting more on common people. Their life was totally dependent on daily wages. The government should also think about these people. Not only the government but also those who are capable should come forward in this situation to help all those needy people who are affected due to Covid -19. Our doctors and police are doing their duty day and night giving their best to get India out of this situation. So it's our responsibility also to do whatever possible help we can for the country, for our neighbour and society. Our little help can save someone life. We can give them hope that this time will pass and we will have our normal life back. This is the time when we should show that HUMANITY is still alive when some greedy and selfish people are playing with peoples' life and emotions by selling oxygen, remedisiver injection, vaccine in black asking them to pay more. It is very sad to hear that even some doctors are involved in these things. These incidents make a common man frightened to go to hospital for vaccination and even when they are sick they are afraid to go to hospital. This is truely the situation of middle class people right now.

Let's all remain united in this time and salute our health workers, police and all those who are serving in this pendamic for a better future. Let's continue to pray to God remembering all those people who lost their life due to Covid-19, pray for their families. Our prayers may be medicine for someone. So stay healthy and take care of yourself.

**Arpit Katara, Nexco, MP Region**





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REPORTS

## KARNATAKA

### Udupi Orientation Programme 2021

Orientation programme for outgoing 10th and 1st PUC students was held on 21, June 2021 by Ajekar unit via Google meet.

Ajekar parish priest Fr. Sunil D'Silva, Fr. Edwin diocesan YCS director, Mr. Melwin Castelino, Udupi diocesan animator, Joslene former president of Ajekar unit, Deril D'sa YCS/YSM national President, Ashita Jimmy, Ms Reshma Rodrigues, Ms Avila Pinto, animators of ycs ajekar unit, parents and students were present for the session

Mrs Reshma Rodrigues moderated the session, and Mr Hanson vaz member of ycs ajekar unit welcomed everyone.

To begin with, Mrs. Avila conducted a fun ice-breaking activity to open up the students, followed by the experience sharing by Deril Dsa and Ashita jimmy and Josline. They shared and inspired the students how being active in YCS has transformed their lives.

Later Fr. Edwin took over the session and gave a brief introduction about YCS, its aim, methodology, objective and cell meeting. This was followed by a cell meeting on incident which was published in the newspaper and everyone discussed about the incident keeping the methodology in mind. Fr. Edwin along with students shared their views about the incident. The case was about a student who committed suicide because his parents scolded him for excessive usage of mobile phone

Session went nearly about ninety minutes and each student participated actively. It was a very important and informative session to know more about YCS.

Hence with vote of thanks from Viola R Rusario, the session was concluded.

**-Viola R Rusario**

Reporter, YCS Ajekar

### Udupi Diocese Animators Virtual Meeting : 13 June 2021

A virtual meeting of all the Parish unit Animators of Udupi Diocese was held on 13 June from 10 am onwards via Google meet.

The diocesan Chaplain Fr. Edwin D'Souza along with youth commission programme coordinator Mr. Derick Mascarenahs and 29 animators of different units of the diocese were present.

Fr. Edwin welcomed everyone and explained the agenda of the meeting. After this Mr. Melwyn, Mrs. Kavita, Mrs. Lydia, Mrs. Clara, and Dr. Judith shared their experience of attending the national level ACT 2021 and motivated other animators to participate in such national-level training programmes.

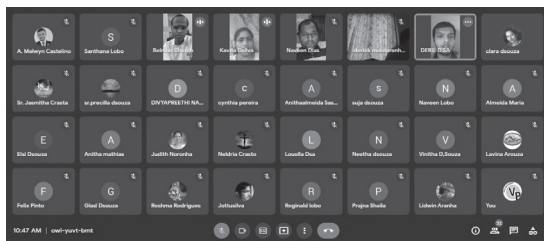
Later all other animators shared their brief work report of the past year. Following are the points:

- \* Majority of the units had resumed the physical cell meetings this year but due to the second wave lockdown the meetings were called off.

- \* Different programmes and activities have been conducted like career guidance, plantation drive, quiz, bible model in different units.
- \* Some of the units also began with the online cell meetings to keep the students members united
- \* Many animators called/texted the students regularly to be in touch with them.

After this, Fr. Edwin explained the future plan of how to go about in the unit and deanery level.

- To conduct deanery level animators meeting and decide on how to conduct the regular unit meetings online.
- To organize an orientation programme for all the present 10th standard students along with their parents.
- Units to organize career counseling programme specifically to 12th passed students.
- Animators to get vaccinated before the next physical meeting.
- Father also suggested 2 movies (1.) Saina Nehwal – biopic , (2.) Sardar Ka Grandson, which will help the students to motivate themselves, work hard and understand the value of elderly people. After watching students will have to write a review and learning experience from the movies.



After this Mr. Derick Mascarenhas explained the need for giving career counseling to students and asked the animators to invite him for taking individual session as soon as possible.

Fr. Edwin explained how our young people are becoming spiritually weak by the means of media and OTT platforms. He said – as animators, we should try to keep them occupied with some fun activities and challenges. He also asked the animators to accompany the members and encourage them in whichever field they are interested in. With this Fr. Edwin thanked everyone who joined and requested them to be active and vibrant in the youth ministry and hence the meeting was concluded.

- *Deril D'Sa*

## NORTH EAST

### YCS/YSM Orientation Programme, Don Bosco School, Satgaon, Diphu

YCS/YSM orientation programme was conducted at Don Bosco School Satgaon, West Karbi Anglong organised by North Eastern Regional Youth Commission on 26 March 2021. 200 students of class VII to IX along with five teachers participated in it. Resource persons Sr. Esabela Sangma, the youth Director of Guwahati Archdiocese and Sr. Aluti Rabha, YCS/YSM coordinator of North East region animated and motivated the students with the Aims, objectives, methodology and the review of life of the movement. Lots of interest and response was seen among the students through their active participation in the programme. It was held in one of the Govt. Community halls in Govt. ME school campus.

### YCS/YSM Animators Training Programme

YCS/YSM animators' training program was organised at Don Bosco School, Satgaon, West Karbi Anglong for the teachers on 27 February 2021. There were 19 participants. Resource person for the day was Sr. Esabela Sangma, the Youth Director of Guwahati

Archdiocese. Along with the resource person Sr. Aluti Rabha, YCS/YSM North East Coordinator helped in taking the sessions. Teachers were motivated and enthused by the rich knowledge and the spirituality of YCS/YSM.

## **YCS/YSM Awareness Programme for boarding children - Agartala**

An awareness programme on YCS/YSM was organised by Sr. Aluti Rabha and Sr. Esabella Sangma for the boarding girls of St. Mary's convent, Champaknagar, under the diocese of Agartala on 3 March 2021. There were 120 students of class III to XII.

## **YCS/YSM Student Leadership Training Programme, Agartala**

Seventy-Five (75) selected students of Class IX of Montfort School were trained for the leadership to revive the YCS/YSM in the school on 4 March 2021. Sr. Aluti Rabha, YCS/YSM Regional Coordinator, Sr. Esabela Sangma, DYD of Guwahati Archdiocese and Bosco Debbarma, youth president of NERYC were organisers of the programme. It was a days training programme. Students were very happy and interested to learn about YCS/YSM and revive and make it active. Sr. Aluti requested the students to hold the cell meeting once in a month so that the movement will be more vibrant. Students were motivated and interested in learning about the movement.

## **One day motivational session for YCS/YSMers, Agartala**

On 5 March 2021, one day motivational sessions were conducted by Sr. Aluti Rabha, YCS/YSM Regional Coordinator, Sr. Esabella Sangma, DYD of Guwahati Archdiocese and Mr. Bosco Debbarma, Regional Youth president for the students of Class XII for both boys and girls. There were 220 students who have attended

the programme with lot of fervour and enthusiasm. They learnt a lot through sessions and workshops. The topics for the day were:

1. Challenges of the teenage
2. Impact of social media

In the afternoon session, girls and boys were taken separately. Activities were done in line with the topics where everyone got the platform to share and express their problems and tensions they face as teenagers. They were asked to discuss in a group and present it to the whole group. It was very interesting and they were able to discover their problems and aware how to cope up with the situations and avoid the dangerous path. They were made aware how to avoid the dangerous pathway by using the YCS/YSM methodology-SEE, JUDGE and ACT. The session ended meaningfully with the inter-religious prayer.

## **YCS/YSM REXCO Cell meeting**

YCS/YSM REXCO cell meeting was held virtually on 1 May 2021. The members present were Sr. Aluti Rabha, Coordinator of YCS/YSM North East, Mr. Ahishek Bhattacharjee, student coordinator, Miss Alva Khyriem, YCS/YSM president, Mr. Dominic Lalruatsanga vice president, Mr. Augustine Phawa, the secretary and Miss Jane Nongbyrsaw. Cell meeting started with a short prayer by Sr. Aluti followed by sharing of their experiences and learnings during the covid 19 pandemic and the post covid 2020 and 2021. Everyone shared that pandemic experience was indeed a blessing in disguise as it has given impetus to various activities and learnings. From the negative point of view was that their performance in the academic session was not satisfactory since the classes were held on online and even the exams were conducted online. After the sharing, Sr. Aluti asked the students in which way they are going to

spend the time during this second phase lockdown. The group came up with the suggestion to have online Commitment Day at the end of May. With regard to that Sr. Aluti told the group that she would bring to the notice of Regional Youth Secretary Sr. Bernadeth Kropi and Youth Directors during the meeting and accordingly it would be decided. Finally, Sr. Aluti recommended the

students to take care of themselves during this pandemic and keep themselves motivating by reading good books and doing some exercises and spending time in excelling in their hobbies. Cell meeting was concluded with the vote of thanks by Miss Alva, the president.

- Sr. Aluti Rabha

## TRUST IN THE IMMUTABLE

In the sad days of millennium, situations are quite astonishing. Everything becomes blurred over time. Of late, COVID19 has brought enormous change to everyone's life with no bias. Disrespectful to caste, culture, job and colour, everyone was forced to follow the rules to save their lives. Nobody knew what was going to happen next. People were dying. Few lost their loved ones. I did not pay much attention, when I heard about covid 19 virus in December 2019, which was affecting China. But in March 2020 everything changed, there was a complete lockdown in April and all the functions and festivals vanished. For the first time, my Easter was incomplete. My juniors cleared exams without attending classes and studying.

Even with proper hard work, many people didn't find enough resources to earn their livelihood. Most of the companies did not pay salaries to their employees and many lost jobs. Because of this many faced mental challenges like depression and loneliness. In some cases, even their loved ones neglected them.

This pandemic has taught many lessons. We have learnt about the unique ways of

God's working. A lot of people came forward to help the affected such as young health workers, government officials along with NGOs helped in various ways. Government also instructed schools and colleges not to force the pupils to pay the fees. It is also assisting them to obtain 2GB data card which helps them for their online classes.



Many doctors served selflessly without charging and taking risk but there were a few who were making money. Sanitary workers and nurses were praised equally as doctors and scientists, their invisible work was highlighted. Actors came forward to promote awareness among the general public. Most of the actors and other millionaires were assisting those who were in need.

People from different religions came forward and prayed for the patients suffering from COVID 19. It helped those in dangerous situation to obtain courage. Covid 19 has brought people closer to God and it has taught us a beautiful lesson that all are equal. We need each others support to survive.

- A.S. Anusha

Tamilnadu Region, NEXCO





LIFE  
MATTERS

DESPITE  
GROWTH!

**I WAS AWE-** stuck by on the recent inventions on how to forget what life and real education is, because of the involvement of web- based education and the power to impact the same to students from the smallest age, OMG! The very first time I even saw a 10 year child creating app, sounds interesting, but after he creates and finishes, there is a much more pressure to be more successful in life and to understand the impacts and growth all in an individual pace.

Amidst the mid of Pandemic, there is something, that we need to understand drastically, a shift, oneself might have observed that there Is slowly fading the value of self, group and life oriented learning, as he/she is more occupied to take up web- based module due to which we understand, that initially we had top 7 companies, who began this education to the present list of 28 and much more, where we can understand that there is more growth to accept the fact that individual paced education Is growing which is good, but there is slowly fading of life oriented education.

I realized that as we grow older due to the impact of modern ways of learning, we are slowly diminishing the best way to express self based learning; a simple formula dates back 50 years till today that is the See- Judge Act.

In my understanding I jotted down a small difference which according to me stands as the difference with what we got for free, to what we now pay and get, I am sure, that one may have much more clarity to understand and differentiate.

S.No	Education Start-Up Strategies	YCS Methodology
1	Give yourself to accept that everything comes for FREE 1ST and then you have to Pay.	Comes with the uniqueness of Awareness Based Education
2	Subject oriented learning	Life oriented learning
3	You can learn anywhere and Anytime	Oneself must always be his/her cell, which is closed and will be for Life
4	Individual learning	Learning with the team
5	Come to an point of time, where you will feel tired	Always there is an opportunity to explore further
6	Always in E- Module	There is always a presence of an Animator even when your in virtual way
7	There is guidance with thoughts and action	There is guidance with Life and Values

As we realize that due to impact of Pandemic, we miss our School, our traditional classroom education and much more, but due to the other impacts of modern education, we understand we will soon be forgetting ourselves and living a life, that we ourselves don't realize.

### Simple ways of bringing back Life!

1. Refreshing the Methodology of See-Judge- Act and possibly making the road map to understand what is happening around, the best is to jot down thoughts, so that we don't forget.
2. Talk About the daily aspect of life to your parents and siblings and friends, as we understand that we are in more pressure, pressure due to no academic and also fear of life which may bring down panic.

3. If there is a chance to plan for your Group cell meeting via devices, supportive to meet virtually, can imbibe a lot more understanding, at least 15 mins in a fortnight.
4. Do a lot more writing, may be writing about your experience with Covid and hearing the news ahead and how you tackled to grow due to See Judge Act.
5. We find that every day passes in a matter of flash and by the time we realize, we need to do something, and we already see many months have passed.

“Successful people recognize crisis as a time for change - from lesser to greater, smaller to bigger”  
Let’s take a minute to recognize the best strategy to understand and change ourselves to be better.

- **Joseph Kamal Francis**, Ex- YSM, Chennai

## My Experience - sharing...continued from page...3

After entering into such a great movement with growth orientation, YCS/YSM helped me to have self belief and chose me for a greater responsibility. Being the National Secretary of YCS/YSM (2016 – 2019) was not easy. I faced difficulties, challenges which made me cry, where I also had the feeling to be afraid at times. I remember, there was a time when I was asked to disconnect from the movement. I just sat down, closed my eyes, thought of all the memories being in this movement. I told God, “it is you who gave me this movement, I cannot sacrifice it for anything, bless with your will”. Fortunately, I’m still a YCS/YSMer. It was not me who chose this movement. It was YCS /YSM that chose me.

And YCS /YSM has never left me to fight alone, I was blessed with a great personality, Fr. Chetan, father who has always had me protected, cared. He supported me. I was also blessed with my brothers. my NTA / EXCO team who trusted me and accepted me as I am.

YCS/YSM changed me totally. It gave me freedom to make choices, guided me with proper assistance. It gave me hope to be the change. It has always respected me. This is the only movement which gives respect and opportunity to students irrespective of their age. The Movement’s methodology, SEE - JUDGE - ACT summons the reality of life. The best guidance for a person to live, grow and lead. YCS/YSM is not just a movement, it is my family. The Care, memories, celebrations, belongingness, fun, laughter, responsibilities it gave me cannot be compared.

From being a girl who was afraid to travel after 6 pm to a person who travelled during midnight alone in flights for the meetings; from a girl who needed assistance to travel to a person who travelled alone with no proper address, internet connection and with strangers; from a girl who was nervous to stand before 50 people to address the crowd of more than 500 people; from a girl who hid her opinions to the person who made the choice before so many professionals; from a girl who hardly knew and communicated with people to a person who knows so many people from all over the world. I have travelled a long way.

I am grateful to this movement. It has always taught me to smile. Now, I’m happy to say that I’m blessed with wonderful brothers, sisters, friends and families. All I have in return to say is THANK YOU with a big smile and forever grateful to God for blessing me with one the best thing in the world.

I extend my hearty wishes to the present NTA/ EXCO team, and to all the YCS /YSM’ers. I wish and pray that you continue to do your best. My kind request to all dear chaplains, coordinators and animators to continue to render your support towards the growth of the movement. Looking forward to create more memorable days in this family.

Once a YCS /YSM’ er , always a YCS /YSM’ er !!!

- **RAICHEL LOUIS PATRICIA**, Former National Secretary – Tamil Nadu

# FALL FORWARD

## HAVE GUTS TO FAIL



What keeps us healthy and happy as we go through life? If we were to invest now in our best self, where would you put your time and energy in?

If a question is asked about what we want to become in life. I'm sure majority will either say they want to be rich or they want to be famous. This sounds good but in reality it's not going to help at all.

Nothing in life is worthwhile unless we take risks. Nelson Mandela said, "There is no passion to be found in playing small and settling for a life that's less than the one you're capable of living."

In our experiences in school and applying to college and picking the major and what do we want to do with life. People usually tell us to make sure we have something to fall back on. I never understood this concept of having something to fall back on. If I'm going to fall, I don't want to fall back on anything, but instead I would want to fall forward. Atleast in this way I will see what I'm going to hit. Without consistency we will never finish. So do what you feel passionate about and take chances.

Thomas Alva Edison conducted 1000 failed experiments. He too might've gone through the face of anger, depression, wanting to give up. But he didn't and his 1001st experiment was the lightbulb. Every failed experiment is one step closer to success. We've got to take risk in life. We will fail at some point in life, accept it. You will lose, you will embarrass yourself in front of people. There is no doubt about it. Embrace it because it's inevitable.

Everyone has the talent to succeed, but do you have the guts to fail? If you don't fail, you are not even trying. To get something you never had, you have to do something you never did.

Life is never going to be a straight path. Taking risks is not just about going to college, graduating, going for a job. It is also about knowing what we know and what we don't. It's about being open to people and to ideas. The chances you take, the people you meet, the people you love, the faith you have, that's what is going to define you. Never be discouraged, never hold back, give everything you've got and when you fall throughout life remember this. Fall forward.

- *Edward Menezes*, St. Mary's College, Shirva

**Failure**  
is the stepping stone to  
**Success**





## YCS/YSM INDIA ACTIVITIES



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